

**Faculty of Medicine of Harvard University  
Curriculum Vitae**

**Date Prepared:** December 1, 2021

**Name:** Michael Ogden Rich

**Office Address:** Division of Adolescent/Young Adult Medicine at Boston Children's Hospital, 300 Longwood Avenue, Boston, MA 02115

**Home Address:** 17 Corey Road, Brookline, MA 02445

**Work Phone:** (617) 355-5420

**Work E-Mail:** michael.rich@childrens.harvard.edu

**Work Fax:** (617) 730-0004

**Place of Birth:** Washington, D.C, USA

**Education**

06/1977	BA	English, Film	Pomona College
06/1991	MD	Medicine	Harvard Medical School
05/1997	MPH	Maternal and Child Health	Harvard T. H. Chan School of Public Health

**Postdoctoral Training**

07/91 - 06/92	Intern	Pediatrics	Boston Children's Hospital, Harvard Medical School
07/92 - 06/94	Resident	Pediatrics	Boston Children's Hospital, Harvard Medical School
07/94 - 06/96	Clinical Fellow	Adolescent Medicine	Boston Children's Hospital, Harvard Medical School

**Faculty Academic Appointments**

07/96 - 09/00	Instructor	Pediatrics	Harvard Medical School
07/97 - 09/03	Instructor	Public Health Practice	Harvard T. H. Chan School of Public Health
10/00 - 08/08	Assistant Professor	Pediatrics	Harvard Medical School
09/03 - 08/08	Assistant Professor	Social and Behavioral Sciences	Harvard T. H. Chan School of Public Health

08/08 - Present	Associate Professor	Social and Behavioral Sciences	Harvard T. H. Chan School of Public Health
09/08 - 12/18	Associate Professor	Pediatrics	Harvard Medical School
01/19 - Present	Associate Professor, part-time	Pediatrics	Harvard Medical School

### Appointments at Hospitals/Affiliated Institutions

#### Past

07/96 - 05/11	Staff Physician	Medicine (Adolescent/Young Adult Medicine)	Bentley College
---------------	-----------------	---	-----------------

#### Current

07/96 - Present	Staff Physician	Pediatrics (Adolescent/Young Adult Medicine)	Boston Children's Hospital
-----------------	-----------------	---	----------------------------

### Other Professional Positions

1996 - 1999	Medical Director & Vice President	Health Act	20 hrs/yr
2005	Advisory Board Member	Children's Digital Media Center, Georgetown University	8 hrs/yr
2006 - 2016	Advisory Board Member	PBS Kids Next Generation	20 hrs/yr
2007 - Present	Board of Advisors Member	Parents Magazine	5 hrs/yr
2008 - 2021	Advisory Council Member	Fred Rogers Center	10 hrs/yr
2012 - 2018	Board of Advisors Member	Comcast	10 hrs/yr
2016 - Present	Advisory Board Member	Ready to Learn, PBS	40 hrs/yr
2020 - Present	Safety and Civility Advisory Board Member	Roblox Corporation	20 hrs/yr
2020 - Present	Steering Committee Member	Playful Learning Landscapes Initiative, Brookings Institute	10 hrs/yr
2020 - Present	Youth Mental Health Advisory Board Member	Facebook, Inc.	10 hrs/yr

2020 - Present	Youth Mental Health Project Advisory Group Member	WETA Well Beings	10 hrs/yr
2021 - Present	Advisory Board Member	Abu Dhabi Early Childhood Authority	120 hrs/yr

## Major Administrative Leadership Positions

### Local

1994 - 2020	Director and Principal Investigator of the Video/Intervention Prevention Assessment (VIA)	Boston Children's Hospital (Adolescent/Young Adult Medicine)
2003 - 2017	Course Director, Adolescent Health	Harvard T. H. Chan School of Public Health
2017 - Present	Director, Clinic for Interactive Media and Internet Disorders (CIMAID)	Boston Children's Hospital (Adolescent/Young Adult Medicine)

### International

2002 - 2020	Director and Founder of the Center on Media and Child Health	Boston Children's Hospital (Division of Adolescent/Young Adult Medicine)
2021 - Present	Director and Founder of the Digital Wellness Lab	Boston Children's Hospital (Division of Adolescent/Young Adult Medicine)

## Committee Service

### Local

1994 - 1999	Quality Improvement, Adolescent/Young Adult Clinic 1994 - 1999	Boston Children's Hospital Committee Member
1999	Risk Reduction/Health Communications 1999	Dana Farber/Harvard Comprehensive Cancer Center Research Member

### Regional

2008 - 2009	Doctoral Dissertation Committee 2008 - 2009	Tufts University Committee Member
-------------	--	--------------------------------------

### National

1999	National Institute of Mental Health and HIV/STD Prevention 1999	National Institute of Mental Health Workgroup on Communications
2005	Board of Visitors 2005	Menninger Clinic Baylor College of Medicine, Methodist Hospital Foundation Board Member

### International

2001	Doctoral Committee	University of Toronto
------	--------------------	-----------------------

2001 Committee Member

### Professional Societies

1988 - 2012	Massachusetts Medical Society	
1989 - 2012	American Medical Association (AMA)	
1991 - 1994	Physicians for Human Rights	
1992 - Present	American Academy of Pediatrics (AAP)	
	1992 - Present	Fellow
	1998 - 2004	Voting Member, Committee on Public Education
	1998 - Present	Member, Section on Computers, Technology
	1998 - Present	Member, Section on Adolescent Health
	1998 - Present	Chair, Public Relations, Massachusetts Chapter
	2002 - 2006	Member, Section on Media
	2006 - Present	Member of Council on Communications and Media
1994 - Present	Society for Adolescent Medicine (New England Chapter)	
1994 - Present	Society for Adolescent Medicine (SAHM)	
	1994 - Present	Fellow
	1996 - 2004	Group Leader, Qualitative Research Special Interest Group
	1998 - 2004	Member, Information Technology Committee
	1999 - 2002	Member, Resource Development Committee
	2001 - 2002	Chair, Resource Development Committee
1998 - Present	Asthma and Allergy Foundation of America (New England Chapter)	
	1998 - Present	Board of Directors
2000 - Present	Society for Pediatric Research (SPR)	
2003 - Present	International Communication Association (ICA)	
2005 - 2006	National Association of Broadcasters	
	2005 - 2006	Member, TV Parental Guidelines Oversight Monitoring Board
2013 - Present	International Association for Adolescent Health	

## Grant Review Activities

2009	Community Influence on Health Behavior Study Section 2009	National Institutes of Health  Ad Hoc Reviewer
------	---	--

## Editorial Activities

### Ad hoc Reviewer

*Acta Paediatrica*

*Ambulatory Pediatrics*

*American Journal of Preventive Medicine*

*American Journal of Psychiatry*

*American Journal of Public Health*

*Analyses of Social Issues and Public Policy*

*Annals of Epidemiology*

*Archives of Pediatrics and Adolescent Medicine*

*Health Education and Behavior*

*International Journal of Pediatric Obesity*

*Journal of Adolescent Health*

*Journal of Children and Media*

*Journal of Communication*

*Journal of Development and Behavioral Pediatrics*

*Journal of Pediatrics*

*Journal of Substance Abuse*

*Journal of the American Medical Association*

*Pediatrics*

*Preventive Medicine*

*Quality of Life in Medicine*

*The New England Journal of Medicine*

### Other Editorial Roles

2002 - 2005	Editorial Board Member	<i>Pediatrics</i>
2003	Editor, Assistant Editor	<i>Adolescent Medicine, State of the Art Reviews</i>
2006 - 2009	Editorial Board Member	<i>PREP Audio</i>
2012	Guest Editor	<i>Journal on Children and Media</i>

2015	Guest Editor	<i>American Behavioral Scientist</i>
2015	Co-Editor, Book with Elizabeth Handsley and Colin MacDougall	<i>Children's Wellbeing in the Media Age: Multidisciplinary Perspectives From the Harvard–Australia Symposium, Federation Press, Alexandria, Australia</i>

## Honors and Prizes

19 78	Luce Scholar	The Luce Foundation	Awarded to a student who excels in film production.
19 93	Schliesm an Traveling Fellowshi p	Boston Children's Hospital	Awarded to an outstanding clinical resident
19 94	Farley Fund Fellowshi p	Boston Children's Hospital	Awarded to an outstanding clinical fellow
19 95	Von L. Meyer Award	Boston Children's Hospital	Awarded to an outstanding clinical fellow
19 96	Training Grant Award	Maternal and Child Health Bureau	Awarded to an outstanding clinical fellow
19 97	Finalist, New Investigat or Award	Society for Adolescent Medicine	Awarded to professional s who, through excellence in research, have furthered the Society's goals.
19 98	New Investigat	Society for Adolescent	Awarded to professional

	or Award	Medicine	s who, through excellence in research, have furthered the Society's goals.
2003	American Academy of Pediatrics CATCH Visiting Professor	Schneider Children's Hospital, Long Island Jewish Hospital, Long Island, NY	Awarded to an outstanding scholar in adolescent health
2004	Katie Lynch Award	Boston Children's Hospital	Awarded to an outstanding clinical fellow
2005	Holroyd-Sherry Award	American Academy of Pediatrics Public Health Contribution	Awarded to an outstanding clinical fellow
2006	Leadership Development for Physicians and Scientists	Harvard Medical School	Selected participant
2009	Edward Penn Memorial Speaker	Massachusetts Chapter, American Academy of Pediatrics	Awarded to an outstanding clinical fellow
2011	Media Visiting Professor Award	American Academy of Pediatrics	Awarded to an outstanding professor in the field
2012	ESSE Mundo Digital	Universidade de Estadodo Rio de Janeiro	Awarded to an international

	Award	(Brazil)	I leader in digital health and safety
20 12	Media Award	Peace Islands Institute	To recognize publicly the outstanding achievements of those recipients who have distinguished themselves in their profession, community and service to humanity
20 12	Outstanding Achievement	Family Online Safety Institute	Awarded to a physician who demonstrates expertise and success in the field
20 12	Telemedicine Award	Rede Universitaria, Rio de Janeiro, Brazil	Awarded to a physician who demonstrated success in the field
20 13	Medya ve Sineman Toplum Üzerindeki Etkisi	Istanbul Ticaret Üniversitesi (Turkey)	Awarded for international scholarship in media studies
20 14	First Place Award, Health Care Professionals Category	American Medical Writer's Association	Contributed to the book "Reaching Teens: Strength-Based Communication

			Strategies to Build Resilience and Support Health Adolescent Development" a first place winner for 2014
2016	National Compassionate Caregiver of the Year	The Schwartz Center	Awarded to an outstanding physician
2017	Adele Dellenbaugh Hofmann Award	American Academy of Pediatrics	Recognition of a physician who exemplifies excellence in the field of adolescent health

## **Report of Funded and Unfunded Projects**

### **Grants and Sponsored Research**

#### **Past**

1976 - 1977	Robert Flaherty Film Preservation Student-Faculty Research Grant Pomona College The goal of this project was to restore and reconstruct lost film created by documentary and ethnographic film pioneer, Robert Flaherty.
1979 - 1980	A Sense of Place: The Environments of Isamu Noguchi Japan-U.S. Friendship Commission Film Production Grant The goal of this project was to create a documentary feature on the environmental works of Japanese-American sculptor Isamu Noguchi.
1994	Video Intervention/Prevention Assessment (VIA) Gerondelis Foundation PI The goal of this project was to implement VIA to study the patient experience of asthma, the first condition to be studied with this innovative method.
1994	Video Intervention/Prevention Assessment (VIA)

William F. Milton Fund

PI

The goal of this project was to develop and pilot Video Intervention/Prevention Assessment, a qualitative research methodology which asks patients to generate visual illness narratives, video diaries of their experiences living with chronic medical conditions and analyzes the narratives using qualitative methods to extract patient-centered clinical findings.

1994 - 1995

Video Intervention/Prevention Assessment (VIA)

Deborah Munroe Noonan Memorial Fund

PI

The goal of this project was to implement VIA to study the patient experience of asthma, the first condition to be studied with this innovative method.

1995

Video Intervention/Prevention Assessment (VIA)

Agnes M. Lindsay Trust

PI

The goal of this project was to analyze VIA visual illness narratives of young people living with asthma and to implement VIA to study the experiences of young people living with overweight and obesity.

1995 - 1996

Video Intervention/Prevention Assessment (VIA)

John W. Alden Trust

PI

The goal of this project was to analyze VIA visual illness narratives of young people living with asthma and to implement VIA to study the experiences of young people living with overweight and obesity.

1997 - 1998

Video Intervention/Prevention Assessment (VIA)

Arthur Vining Davis Foundations

PI

The goal of this project was to analyze VIA visual illness narratives of young people living with asthma and to implement VIA to study the experiences of young people living with overweight and obesity.

1999

Video Intervention/Prevention Assessment (VIA)

John W. Alden Trust

PI

The goal of his project was to analyze VIA visual illness narratives of young people living with asthma and to implement VIA to study the experiences of young people living with overweight and obesity.

1999

Video Intervention/Prevention Assessment (VIA)

McCarthy Foundation

PI

The goal of this project was to use VIA to study the experience of living with asthma and of applying it to the study of young people living with overweight and obesity.

1999 - 2000

Video Intervention/Prevention Assessment (VIA)

Deborah Munroe Noonan Memorial Fund

PI

The goal of this project was to analyze VIA visual illness narratives of young people living with asthma and to implement VIA to study the experiences of young people

living with overweight and obesity.

- 2000 Video Intervention/Prevention Assessment (VIA)  
Agnes M. Lindsay Trust  
PI  
The goal of this project was to analyze VIA visual illness narratives of young people living with asthma and to implement VIA to study the experiences of young people living with overweight and obesity.
- 2000 - 2005 Video Intervention/Prevention Assessment (VIA) - Transitions  
National Institute of Child Health and Human Development, Federal, K23 HD01296  
PI  
This Career Development Award was to validate and standardize the VIA method in the context of researching the transition process of youth with function-limiting conditions as they move from pediatric to adult health care.
- 2001 Video Intervention/Prevention Assessment (VIA)  
Deborah Munroe Noonan Memorial Fund  
PI  
The goal of this project was to analyze VIA visual illness narratives of young people living with asthma and to implement VIA to study the experiences of young people living with overweight and obesity.
- 2002 - 2003 Video Intervention/Prevention Assessment (VIA-HIV)  
Aerosmith Endowment Fund for Prevention and Treatment of HIV and AIDS  
PI  
The goal of this project was to implement VIA to study the illness experiences of youth living with human immunodeficiency virus.
- 2002 - 2005 Media and Child Research  
Anschutz Foundation  
PI  
The goal of this project was to establish the Center on Media and Child Health, a center of excellence dedicated to investigating the influence of media use on children's physical, mental, and social health; translating those findings into action steps for families, educators, and clinicians; innovating media tools and applications to promote child health; and developing clinical responses to media related health issues.
- 2002 - 2005 Media and Child Health Research  
Cinemark Foundation  
PI  
The goal of this project was to establish the Center on Media and Child Health, a center of excellence dedicated to investigating the influence of media use on children's physical, mental, and social health; translating those findings into action steps for families, educators, and clinicians; innovating media tools and applications to promote child health; and developing clinical responses to media related health issues.
- 2002 - 2005 Media and Child Health Research  
Hallmark Foundation  
PI  
The goal of this project was to establish the Center on Media and Child Health, a

center of excellence dedicated to investigating the influence of media use on children's physical, mental, and social health; translating those findings into action steps for families, educators, and clinicians; and innovating media tools and applications to promote child health.

- 2002 - 2005      Media and Child Health Research  
Pepsico Foundation  
PI  
The goal of this project was to establish the Center on Media and Child Health, a center of excellence dedicated to investigating the influence of media use on children's physical, mental, and social health; translating those findings into action steps for families, educators, and clinicians; innovating media tools and applications to promote child health; and developing clinical responses to media related health issues.
- 2005              Video Intervention/Prevention Assessment (VIA) - Spina Bifida Transitions  
Christopher Reeve Paralysis Foundation  
PI  
The goal of this project was to implement VIA to study the illness experiences of youth with spina bifida transitioning to adult health care.
- 2005              Video Intervention/Prevention Assessment (VIA) - Cystic Fibrosis Transitions  
William F. Milton Fund  
PI  
The goal of this project was to implement VIA to study the illness experiences of youth with cystic fibrosis transitioning to adult health care.
- 2005 - 2006      An Innovative Approach to Assessing Adolescents' Exposure to Media with Sexual Content  
Aerosmith Endowment Fund for Prevention and Treatment of HIV and AIDS  
PI  
The goal of this project was to examine the influence of exposure to sexual media on risk behavior.
- 2005 - 2007      Video Intervention/Prevention Assessment (VIA) - Overweight and At Risk (OAR)  
Charles H. Hood Foundation, Child Health Research Grant  
PI  
The goal of this project was to implement VIA to study the experiences of young people living with overweight and obesity.
- 2006 - 2007      Seeing the Big Picture: How Do Media Affect Sexual Risk Behavior?  
Aerosmith Endowment Fund for Prevention and Treatment of HIV and AIDS  
PI  
The goal of this project was to examine the influence of exposure to sexual media on risk behavior.
- 2006 - 2007      Keeping Children Healthy and Safe in the Information Age  
American Legion Child Welfare Foundation  
PI  
The goal of this project was to develop and evaluate educational outreach to parents, educators and clinicians regarding safe and healthy media behaviors for children and youth.
- 2008              MYME

- Aerosmith Endowment Fund  
PI  
The goal of this project was to develop and pilot Measuring Youth Media Exposure (MYME), a multimodal ecological momentary assessment method to capture amount, content, and context of youth media use and compare it to a variety of critical health outcomes in prospective, longitudinal study designs.
- 2008 - 2012 Database of Research on Media Effects on Health  
Stuart Family Foundation  
PI  
The goal of this project was to develop and pilot an online, open access multidisciplinary database of research on the influence of media on child health and development.
- 2008 - 2010 MYME  
Eunice Kennedy Shriver National Institute of Child Health And Human Development (NICHD), 5R21HD054734-02  
PI, Direct Costs: \$275,000  
The goal of this research study was to use Measuring Youth Media Exposure (MYME), an innovative method to capture amount, content, and context of youth media use and compare it to a variety of critical health outcomes.
- 2009 MYME Administrative Supplement - ARRA SS  
National Institutes of Health (NIH), 3R21HD054734-02S1  
PI, Direct Costs: \$7,072  
Additional funding to support the Measuring Youth Media Exposure research.
- 2009 - 2010 Fred Rogers Fellow Fund  
Fred Rogers Center  
PI, Direct Costs: \$30,000  
The goal of this research was to Fred Rogers Fellow Fund
- 2011 - 2012 eEatnDrink  
Boston Children's Hospital  
Co-PI (Co-PI: Alison Field)  
The goal of this project was to develop, implement, and evaluate a smartphone app based on MYME methodology that measures, in real time, cues and motivations to eat and quantifies the food and drink consumed.
- 2011 - 2012 Manchester Media Study  
Google  
PI  
This funding was utilized to continue the fielding of the study and to support scientists to write papers.
- 2012 - 2016 Ask the Mediatrician®  
Comcast Foundation  
PI, Direct Costs: \$300,000  
An online question-and-answer blog for parents and other caregivers on issues of media and child health. It answers questions based on decades of research, creating actionable recommendations for managing media in the lives of children.
- 2012 - 2014 Optimizing Brain Development in Media-Rich Environments  
OTHER - OTH

PI, Direct Costs: \$250,406

The goal of this research was to investigate the effects of our media-rich environment on brain development, mental health and addiction, and in translating the findings into recommendations and strategies for parenting, educational and clinical practice, social policy, and media production.

- 2013 - 2014 Center on Media and Child Health Clinical Toolkit  
Harvard Pilgrim Health Care  
PI, Direct Costs: \$50,000  
The initial research behind the Clinician Toolkit, a resource to help clinicians dealing with youth struggling with problematic interactive media use.
- 2015 - 2020 Understand and investigate how different types of play fit the needs of parents and serve the developmental well-being of children  
Hasbro, Inc.  
PI, Direct Costs: \$510,000  
To investigate how play affects cognition, physical health, social health, and emotional health.
- 2016 - 2017 Free to Be 2.0 (16): Rebooting the Movement for Educators and Youths  
Armstrong Angel Foundation  
PI, Direct Costs: \$300,000  
To design and develop a social emotional curriculum for tweens in today's changing digital media environment.

### **Current**

- 2014 - 2021 Environmental Health in the Digital Age  
Harvard Pilgrim Health Care  
PI, Direct Costs: \$400,000  
To design and develop the Clinician Toolkit, a resource for clinicians dealing with youth who struggle from problematic interactive media use.
- 2021 - 2022 The Digital Wellness Lab  
Facebook, Disney, Harvard Pilgrim Health Care/Optum Health, Joan Ganz Cooney Center, Roblox, Noggin, Age of Learning, the Alberta Teacher's Association, the Ruderman Family Foundation, Trend Micro Cares  
PI  
The evolution of the Center on Media and Child Health into the Digital Wellness Lab at Boston Children's Hospital.

### **Current Unfunded Projects**

- 2017 - Present Clinic for Interactive Media and Internet Disorders (CIMAID)  
PI  
This interdisciplinary clinical program focuses on characterizing, diagnosing, treating and teaching clinicians to care for children and adolescents with Problematic Interactive Media Use (PIMU) and other media-related health conditions.

### **Report of Local Teaching and Training**

#### **Teaching of Students in Courses**

- 1994 Adolescent Health Training Core Curriculum: "The Logic and Technique of Qualitative Research" Boston Children's Hospital

		4 hrs
1996	Pathophysiology HMS students	Harvard Medical School 1 hr
1997	HSPH Lecture: Developing Radio Communication: Asthma Education Through Radio Communications HSPH Students	Harvard T. H. Chan School of Public Health 2 hrs
1998	Using Media Tools for Asthma Education, Video Intervention/Prevention Assessment of Asthma	Brigham and Women's Hospital 1 hr
1998 - 2002	HSPH Adolescent Health: Media Effects on Adolescent Health Risk Behaviors HSPH Students	Harvard T. H. Chan School of Public Health 2 hrs
1999	Health Promotion through the Mass Media: Patient- Controlled Video as a Health Research and Advocacy Tool HSPH Students	Harvard T. H. Chan School of Public Health  1 hr
1999	HMS Research Methodologies: Development of VIA Research Protocol for HIV Seropositive Children and Adolescents HGSE Students	Harvard Graduate School of Education  1 hr
1999	HSPH Lecture: Practice of Family and Community Health HSPH Students	Harvard T. H. Chan School of Public Health 40 hrs
2000	Massachusetts General Hospital Grand Rounds: Realities of Living with Asthma Residents, Fellows, Attendings	Massachusetts General Hospital 2 hrs
2000	Using Media Tools for Asthma Education, Video Intervention/Prevention Assessment of Asthma	Brigham and Women's Hospital 1 hr
2001	HSPH Symposium: Media and Child Health: Peril and Promise HSPH Students	Harvard T. H. Chan School of Public Health 10 hrs
2001	Understanding the Experience of Chronic Illness Residents, Fellows, Attendings	Boston Children's Hospital 1 hr
2001	Understanding the Illness from the Inside Out: Learning from Patients' Visual Narratives	Cambridge Hospital  1 hr
2003 - 2017	SBS 208: Adolescent Health  HSPH Students	Harvard T. H. Chan School of Public Health 100 hrs
2004	Media and Body Damage, RED Conference Residents, Fellows, Attendings	Boston Children's Hospital 1 hr

2004	Media Effects on Adolescent Health Residents, Fellows, Attendings	Harvard Medical School 2 hrs
2004 - 2014	Maternal Health: Issues in Maternal and Child Health HSPH Students	Harvard T. H. Chan School of Public Health 2 hrs
2005	Media Violence Residents, Fellows, Attendings	Harvard Medical School 2 hrs
2009	Harvard Medical School Lecture: Anorexia HMS Students	Harvard Medical School 2 hrs
2011	PRADA Career Talk : Teaching Media Use Research Assistants	Harvard Medical School 2 hrs
2012	HMS GI Course: U R What You Consume HMS Students	Harvard Medical School 2 yrs
2019	Media Influences: Adolescent Health Course Graduate Students	Harvard T. H. Chan School of Public Health 1.5 hrs
2020	Media Influences: Adolescent Health Course Graduate Students	Harvard T. H. Chan School of Public Health 1.5 hrs

### **Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)**

1993	BCH CORE: The Difficult Patient-Doctor Relationship Residents, Fellows	Boston Children's Hospital  1 hr
1993	Harvard Medical School Lecture : Outpatient Management of the Adolescent with Asthma Residents, Fellows, Attendings	Harvard Medical School  6 hrs
1994 - 2004	BCH CORE: Asthma Management and Patient Education Residents, Fellows, Attendings	Boston Children's Hospital  1 hr
1996	Harvard Medical School Lecture: Ambulatory Clerkship HMS Students	Harvard Medical School  1 hr
1996	Harvard Medical School Lecture: Pathophysiology Lecturer HMS Students	Harvard Medical School  3 hrs
1998	Video Intervention/Prevention Assessment (VIA): An Innovative Methodology for Understanding the Adolescent Illness Experience Residents, Fellows	Beth Israel Deaconess Medical Center  1 hr
1998 - 2002	Adolescent Health: Patient-Controlled Video as a Health Research and Advocacy Tool	Harvard T. H. Chan School of Public Health

	HSPH Students	1 hr
1998 - 2002	Harvard Medical School Lecture: Patient Doctor III Lecturer Residents, Fellows, Attendings	Harvard Medical School 2 hrs
2002	Harvard Medical School Lecture: Injury and Violence Prevention Lecturer Residents, Fellows, Attendings	Harvard Medical School 2 hrs
2003 - 2009	BCH Clinical Research Center: Qualitative Research Methods Residents, Fellows	Boston Children's Hospital 2 hrs
2009	Adolescent Health in the Media Age: Action Plan for Clinicians and Parents : Adolescent Health Training Program Core Curriculum HMS Students	Harvard Medical School 2 hrs
2009	Harvard Medical School Lecture: Adolescent Health in the Media Age: Action Plan for Clinicians and Parents HMS Students	Harvard Medical School 2 hrs
2009	MCHB Leadership Education in Adolescent Health: Morbidity & Mortality  MCHB Members	MCHB Leadership Education in Adolescent Health 2 hrs
2010	Boston University: Children at Risk and the People Who Serve Them BU Students	Boston University 2 hrs
2011	ACME National Conference: Finding Huck Finn: Reclaiming Childhood from the River Electronic  Medical Professionals	Action Coalition For Media Education National Conference, Boston, MA 2 hrs
2011	Career Development Series: "Getting it Right in Primetime: Improving Your Media Interaction Skills  Medical Professionals	The Harvard Clinical and Translational Science Center, Harvard Medical School 1 hr
2011	Mass General Hospital Center for Child and Adolescent Health Policy : Media Use Medical Professionals	Massachusetts General Hospital 2 hrs/year
2011	Partner Meeting and Celebration: Claiming for Peace: Defending Childhood Medical Professionals	2 yrs

### **Clinical Supervisory and Training Responsibilities**

1994 - 1996	Adolescent/Young Medical Practice fellow	Boston Children's Hospital 5 hrs/wk
-------------	--	--

1996 - 2004	Preceptor, Adolescent/Young Adult Medical Practice	Boston Children's Hospital 60 hrs/year
2004 - Present	Preceptor for Adolescent/Young Adult Medical Practice	Boston Children's Hospital  60 hrs/year

### Research Supervisory and Training Responsibilities

2003 - Present	Supervisor for Research Team at the Center on Media and Child Health	Boston Children's Hospital  32 hrs/week
----------------	--	---

### Mentored Trainees and Faculty

1994 - 1997	Steven Lamola, MD / Medical Officer and Program Officer, PATH, Seattle WA <i>Career Stage:</i> Pre-Med School <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Learned qualitative methods and co-authored paper
1996 - 2004	Lauren Handelman, MD / Assistant in Immunology, Boston Children's Hospital; Instructor of Pediatrics at Harvard Medical School <i>Career Stage:</i> Fellow/Junior Attending <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Learned qualitative methods, co-authored paper
1997	Krishna Upadhy, MD / Assistant Professor of Pediatrics, John Hopkins Medical School <i>Career Stage:</i> Resident <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Learned qualitative methods.
1997 - 1998	Stacy Taylor, MD / Psychiatrist in practice <i>Career Stage:</i> Pre-Med School <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Learned qualitative methods and co-authored paper
1997 - 1998	Sheldon Zink, PhD / Assistant Professor of Anthropology, University of Pennsylvania <i>Career Stage:</i> Doctoral Student <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Learned qualitative methods
1997 - 1999	Jason Gordon, MA / Co-Founder, Make the Reach & Senior Learning Strategist, BloomBoard, Inc. <i>Career Stage:</i> Pre-Graduate School (Education) <i>Mentoring Role:</i> Research Supervisor <i>Accomplishments:</i> Learned qualitative methods; visual research methods; teaching and supervising of adolescent research participants.
1998 - 1999	Gretchen Berland, MD / Associate Professor of Medicine, Yale University School of Medicine <i>Career Stage:</i> Fellow <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Learned qualitative methods
1998 - 1999	Adrienne Ruth, MD / Physician in Ophthalmology, Emory University School of Medicine <i>Career Stage:</i> Pre-Medical School <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Learned qualitative methods
1999	Alexander Blum, MD / Commercial Payor Lead Medical Director, Aledade, Inc. and Adjunct Assistant Professor, Mount Sinai Health System

- Career Stage:* Pre-Medical School *Mentoring Role:* Research Advisor  
*Accomplishments:* Learned qualitative methods, co-authored paper
- 1999 Kelly Collin, EdD / Researcher, RAND, Santa Monica, CA  
*Career Stage:* Post-Masters *Mentoring Role:* Research Advisor *Accomplishments:* Learned qualitative methods, co-authored paper
- 1999 - 2000 Daniel Huecker, MA / Superintendent, Eleanor Roosevelt Community Learning Center, Visalia, CA  
*Career Stage:* Pre-Graduate School (Education) *Mentoring Role:* Research Supervisor *Accomplishments:* Learned qualitative methods; visual research methods; teaching and supervising of adolescent research participants
- 1999 - 2008 Jennifer Patashnick, B.S. / Cloth Diaper Consultant, Diaper Lab  
*Career Stage:* Post-Graduate *Mentoring Role:* Research Advisor *Accomplishments:* Learned qualitative methods, co-authored paper
- 2001 Mara Buchbinder, PhD / Associate Professor, Department of Social Medicine; Adjunct Associate Professor, Department of Anthropology; Core Faculty, UNC Center for Bioethics, UNC-Chapel Hill  
*Career Stage:* Undergraduate student *Mentoring Role:* Research Advisor  
*Accomplishments:* Learned qualitative methods, co-authored paper
- 2001 Julie Criniere, EdM / Educator, PS 58 The Carroll School  
*Career Stage:* Research Staff *Mentoring Role:* Research Advisor *Accomplishments:* Learned qualitative methods
- 2001 Jessie Hubbard, RN, NP  
*Career Stage:* Nurse Practitioner *Mentoring Role:* Research Advisor  
*Accomplishments:* Learned qualitative methods
- 2001 Marni Kan, PhD / Project Scientist, RTI International, Durham, NC  
*Career Stage:* Undergraduate student *Mentoring Role:* Research Advisor  
*Accomplishments:* Learned qualitative methods
- 2001 - 2003 Kevin Anderson, PhD / Lecturer, Department of Communication, University of Massachusetts Amherst  
*Career Stage:* Doctoral Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Learned qualitative methods
- 2001 - 2003 Marie Evans Schmidt, PhD / Psychologist, Georgetown University  
*Career Stage:* Doctoral Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Research trainee, learned qualitative methods, co-authored paper.
- 2001 - Present Julie Polvinen, BA / Engagement Strategist, Center on Media and Child Health  
*Career Stage:* Colleague *Mentoring Role:* Research Advisor *Accomplishments:* Research trainee, learned qualitative methods, co-authored papers
- 2002 - 2003 Amita Kamath, MD / Assistant Professor, Radiology, Mount Sinai  
*Career Stage:* MD *Mentoring Role:* Research Advisor *Accomplishments:* Research trainee, learned qualitative methods, co-authored paper.
- 2002 - 2003 Amita Kamath, MD / Assistant Professor, Radiology, Mount Sinai  
*Career Stage:* Medical Student *Mentoring Role:* Research Advisor

- Accomplishments:* Learned qualitative methods, co-authored paper
- 2002 - 2005 Julia Szymczak, PhD / Assistant Professor of Epidemiology and Medicine, Perelman School of Medicine at the University of Pennsylvania  
*Career Stage:* Researcher *Mentoring Role:* Research Advisor *Accomplishments:* Learned qualitative methods, co-authored paper.
- 2002 - Present David Bickham, PhD / Instructor in Pediatrics, Harvard Medical School; Research Scientist, Center on Media and Child Health at Boston Children's Hospital; Instructor of Pediatrics at Harvard Medical School, Harvard Medical School  
*Career Stage:* Research Scientist *Mentoring Role:* Research Advisor *Accomplishments:* CMCH team member, learned qualitative methods, co-authored papers.
- 2003 Melissa McClay, MPH / Director of Risk Management & Patient Safety, Southern Maine Medical Center  
*Career Stage:* Risk Management Coordinator and Patient Safety Officer *Mentoring Role:* Research Advisor *Accomplishments:* Learned qualitative methods.
- 2003 - 2005 Emily Kastelic, PhD  
*Career Stage:* PhD Candidate *Mentoring Role:* Research Advisor *Accomplishments:* Learned qualitative methods, co-authored paper
- 2003 - 2005 Eric Whitney, MS / Program Manager, San Francisco Department of Public Health  
*Career Stage:* MS Candidate *Mentoring Role:* Research Advisor *Accomplishments:* Learned qualitative methods
- 2003 - 2006 Stephanie Pappadis Corrado, MD / Internist, SMG Brookline Primary Care  
*Career Stage:* Fellow *Mentoring Role:* Research Advisor *Accomplishments:* Learned qualitative methods, co-authored paper
- 2003 - 2011 Brandy King, MLIS / Head, Information Services, Arnold P. Gold Foundation  
*Career Stage:* Colleague *Mentoring Role:* Research Advisor *Accomplishments:* Learned qualitative methods, co-authored papers
- 2004 - 2005 Sarah Ashby, MD / Assistant Professor of Pediatrics, University of California San Francisco  
*Career Stage:* Medical Student *Mentoring Role:* Research Advisory *Accomplishments:* Research trainee, learned qualitative methods, co-authored papers
- 2004 - 2005 John Murray, PhD / Emeritus Professor, School of Family Studies and Human Services, Kansas State University  
*Career Stage:* Doctoral Student *Mentoring Role:* Research Advisor *Accomplishments:* Research trainee, learned qualitative methods, co-authored papers
- 2007 - 2008 Laura Veit Sheers, MSW / Associate Director of Community Services, Springwell, Inc.  
*Career Stage:* Research Staff *Mentoring Role:* Research Advisor *Accomplishments:* Research trainee, learned qualitative methods
- 2007 - 2009 Ariel Chernin, PhD / Owner, Chernin Research and Consulting  
*Career Stage:* Fellow *Mentoring Role:* Research Advisor *Accomplishments:* Research trainee, learned qualitative methods, co-authored paper.

- 2007 - 2010     Hernan Delgado, MD / Pediatrician, Beth Israel Deaconess Medical Center  
*Career Stage:* Fellow *Mentoring Role:* Research Advisor *Accomplishments:*  
 Research trainee, learned medical research methods, co-authored paper.
- 2007 - 2012     Laura Sherman, Bachelors / Social Worker, The Landmark School  
*Career Stage:* Undergraduate Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Research trainee, learned qualitative methods, co-authored papers
- 2007 - 2016     Lauren Rubenzahl, EdM  
*Career Stage:* Researcher *Mentoring Role:* Research Advisor *Accomplishments:*  
 Research trainee, learned qualitative methods, co-authored papers, mentor/collaborator on educational program development .
- 2008 - 2010     Dafna Lemish, PhD / Dean, Southern Illinois University  
*Career Stage:* Doctoral Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Research trainee, learned qualitative methods, co-authored papers
- 2008 - 2012     Isabel Lopes, MLIS / Librarian  
*Career Stage:* Master's Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Research trainee, learn qualitative methods, co-authored papers
- 2009 - 2017     Susan Chauncey Horky, LCSW, MSW / Co-Director, Faculty Social Worker, Pediatric Pulmonary Center Training Program, University of Florida  
*Career Stage:* Resident *Mentoring Role:* Research Advisor *Accomplishments:*  
 Learned qualitative methods, co-authored papers
- 2010 - 2011     Ethan Guinn, BA / Ethan Guinn, OGE Energy Corp  
*Career Stage:* Undergraduate Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Research trainee, learned qualitative methods, co-authored papers
- 2010 - 2011     Alexis Light, MD / OB/GYN Medical Doctor, Washington Hospital Center  
*Career Stage:* Medical Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Research trainee, learned qualitative methods, co-authored paper
- 2010 - 2014     Craig Ross, PhD / Research Assistant Professor, Epidemiology, Boston University  
*Career Stage:* Doctoral Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Research trainee, learned qualitative methods, co-authored papers
- 2011             Lisa Sharp, PhD / Associate Professor of Pharmacy Systems, Outcomes and Policy, University of Illinois at Chicago  
*Career Stage:* Doctoral Student *Mentoring Role:* Research Trainee  
*Accomplishments:* Learned qualitative methods
- 2011 - 2012     Frank Decusati, B.A.  
*Career Stage:* Undergraduate Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Research trainee.
- 2011 - 2012     Sarah McKetta, MPH / Producer, Human Care Systems  
*Career Stage:* Public Health Masters Student *Mentoring Role:* Research Advisor

- Accomplishments:* Research trainee, learned qualitative methods, co-authored papers
- 2011 - 2013 Claire Christensen, PhD / Education Researcher, SRI International  
*Career Stage:* Doctoral Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Research trainee, learned qualitative methods, co-authored papers
- 2011 - 2013 Kara Garrity, PhD / Insight Manager, Smarty Pants  
*Career Stage:* Doctoral Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Research trainee, learned qualitative methods, co-authored papers
- 2011 - 2014 Yulin Hswen, MPH / PhD Candidate, Harvard School of Public Health  
*Career Stage:* Researcher *Mentoring Role:* Research Advisor *Accomplishments:* Research trainee, learned qualitative methods, co-authored papers.
- 2012 - 2014 April Khadijah Inniss, MD / Director of Research and Evaluation, The Message, Inc.  
*Career Stage:* Researcher *Mentoring Role:* Research Advisor *Accomplishments:* Research trainee, learned qualitative methods.
- 2012 - 2014 Tuba Rashid Khan, MBBS / Resident in Neurodevelopmental Disabilities, University of Texas Southwestern Medical Center  
*Career Stage:* Completed pediatrics residency, obtaining additional specialized clinical training *Mentoring Role:* Research and Clinical Advisor *Accomplishments:* Research and clinical trainee in adolescent medicine
- 2012 - Present Kristelle Lavalley, MA / Content Strategist, Center on Media and Child Health at Boston Children's Hospital  
*Career Stage:* Colleague *Mentoring Role:* Research Advisor *Accomplishments:* Collaborator on web design and translation projects, co-authored papers and book chapters
- 2013 Teja Dyamenahalli, MD / Pediatric Hospitalist, Essentia Health-St. Mary's Children's Hospital  
*Career Stage:* Resident *Mentoring Role:* Research Advisor *Accomplishments:* Collaborator on CMCH Clinician Toolkit
- 2013 - 2014 Suzan Doornwaard, PhD / Managing Editor, Journal of Social Intervention: Theory and Practice  
*Career Stage:* Doctoral Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Research trainee, learned qualitative methods, co-authored paper.
- 2013 - 2016 Emeka Agudile, MBBS / Research Project Coordinator, Doctoral Candidate in Public Health, Harvard T.H. Chan School of Public Health  
*Career Stage:* Doctoral Student (Public Health) *Mentoring Role:* Research Advisor, Clinical Mentor *Accomplishments:* Shadowed in adolescent medicine clinic for 1 year, attended and teaching assistant for SBS 208 Adolescent Health at Harvard T.H. Chan School of Public Health
- 2013 - Present Yun Ming Chang, PhD  
*Career Stage:* Doctoral Student *Mentoring Role:* Research Advisor  
*Accomplishments:* Learned qualitative methods

2013 - Present	Jill R. Kavanaugh, MLIS / Knowledge Program Librarian, Digital Wellness Lab <i>Career Stage:</i> Colleague <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Collaborator on web design and translation projects, co-authored papers and book chapters
2014 - 2016	Farah Qureshi, PhD / PhD Candidate, Harvard T. H. Chan School of Public Health <i>Career Stage:</i> Doctoral Student <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Co-authored a chapter about brain development
2014 - 2018	Christina Akre, PhD / Researcher, Institute of Social and Preventive Medicine, Lausanne <i>Career Stage:</i> Fellow <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Learned qualitative methods, co-authored papers
2015 - 2017	Leah Scandurra, MPH / Research Project Manager, Dana Farber <i>Career Stage:</i> Mid-Career Research Staff <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Research trainee, learned qualitative methods, co-authored papers
2017 - 2018	Lisa Hurwitz, PhD / Educational Technology Researcher, Lexia Learning Systems LLC <i>Career Stage:</i> Postdoc <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Research trainee, learned qualitative methods, co-authored papers
2017 - 2021	Summer Moukalled, BA / Clinical Research Specialist, Center on Media and Child Health at Boston Children's Hospital <i>Career Stage:</i> Mid-Career Research Staff <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Research trainee, learned qualitative methods, co-authored papers
2017 - Present	Michael Tsappis, MD / Attending Psychiatrist, Boston Children's Hospital <i>Career Stage:</i> Attending Psychiatrist <i>Mentoring Role:</i> Research Advisor <i>Accomplishments:</i> Research trainee, learned various research methodologies and co-authored papers and book chapters
2018 - Present	Cameron Nereim, MD / Resident in Adolescent Medicine, Boston Children's Hospital <i>Career Stage:</i> Medical Resident <i>Mentoring Role:</i> Clinical Advisor <i>Accomplishments:</i> Collaborated in the Clinic for Interactive Media and Internet Disorders.
2019 - Present	Tarek Aly, MD / Psychiatrist, Mosaic Psychiatry <i>Career Stage:</i> Psychiatry Fellow <i>Mentoring Role:</i> Clinical and Research Advisor <i>Accomplishments:</i> Collaborated on clinical and research tasks related to the Clinic for Interactive Media and Internet Disorders
2020 - 2021	Yajie Yu, MD / Psychiatrist, MacLean Hospital <i>Career Stage:</i> Psychiatry Fellow <i>Mentoring Role:</i> Clinical and Research Advisor <i>Accomplishments:</i> Collaborated on clinical and research tasks related to the Clinic for Interactive Media and Internet Disorders

### Formal Teaching of Peers

Those presentations below sponsored by 3rd parties/outside entities are so noted and the sponsor(s) is identified.

1995	Outpatient Management of the Adolescent with Asthma	1 hr
------	---	------

	BCH CORE Boston Children's Hospital	Boston, Massachusetts
1995	Media Effects on Adolescent Health Risk Behaviors Harvard Medical School Lecture Harvard Medical School	2 hrs Boston, Massachusetts
1995	Chronic Fatigue Syndrome Harvard Medical School Lecture Harvard Medical School	2 hrs Boston
2000	Asthma in the Adolescent BCH CORE Boston Children's Hospital	2 hrs Boston
2001	Pediatricians Response to Terrorism BCH CORE Boston Children's Hospital	3 hrs
2001	Media and Child Health: Peril and Promise Harvard Medical School Lecture Harvard Medical School	2 hrs
2001	Managing Asthma in the Real World BCH CORE Harvard Medical School	2 hrs
2001	Kids with Asthma Can Camp BCH CORE Boston Children's Hospital	2 hrs
2001	Asthma in Life Context Video Intervention/Prevention Assessment (VIA) Boston Children's Hospital	2 hrs
2001	Asthma Quality Improvement Boston Children's Hospital	2 hrs
2002	Media: Risks and Benefits Harvard Medical School Lecture Boston Children's Hospital	2 hrs
2002	Media and Teens Harvard Medical School Lecture Boston Children's Hospital	2 hrs
1995 - 2003	Realities of Living with Asthma Managing Asthma with the Adolescent (HMS) Boston Children's Hospital	2 hrs
2003	Teens and Media	2 hrs

	Harvard Medical School Lecture Boston Children's Hospital	
2003	Media: Peril and Promise Harvard University Lecture Harvard University	2 hrs
2003	Asthma Management Harvard Medical School	4 hrs
2003	Asthma Harvard Medical School Lecture Harvard Medical School	2 hrs
2003	The Illness Experiences of Children and Adolescents Video Intervention/Prevention Assessment (VIA) Boston Children's Hospital	2 hrs
2004	Sex, Drugs, and Violence in the Media Harvard Medical School Lecture Harvard Medical School	1 hr
2004	Media and Mental Health of Children and Adolescents McLean Hospital Lecture McLean Hospital	2 hrs
2004	Media Effects on Adolescent Health Harvard Medical School Lecture Harvard Medical School	2 hrs
2004	Adolescent Suicide Cambridge Health Alliance Lecture Cambridge Health Alliance	2 hrs
2005	Mediating Media: Protecting and Enhancing Teen Health Harvard Medical School Lecture Harvard Medical School	1 hr
2007 - 2008	Media and Child Health: Peril or Promise? Contemporary Forums in Adolescent Medicine (Contemporary Forums in Adolescent Medicine) Boston Children's Hospital	2 hrs
2003	Qualitative Research Methods BCH Clinical Research Center Boston Children's Hospital	12 hrs
2009	VIA Based Learning: A New Paradigm	1 hr

	for Multidisciplinary Health Professional Training BCH CORE Training Boston Children's Hospital	
1997 - 2010	Adolescent Health Training Program Core Curriculum Qualitative Research Boston Children's Hospital	1 hr
2008 - 2010	Sex, Drugs, and Lock 'n' Load: Media Influences on Adolescent Health Harvard Medical School Lecture Harvard Medical School	40 hrs
2010	Too Sexy, Too Soon: Adolescents, Sex, and Media Contemporary Forums in Adolescent Medicine Conference Contemporary Forums in Adolescent Medicine Conference	2 hrs
2011	Center of Media and Child Health Seminar: Role of Media in the Child/adolescent life, Bullying Boston Children's Hospital Pediatric Seminar Boston Children's Hospital	4 hrs
2012	Sexting, Media and Teens: Advice in the Office HMS Adolescent Medicine CME Harvard Medical School	2 hrs
2012	Connecting or Sexting, Learning or Addicted: Interactive Media and Child Health BMC Grand Rounds Boston Medical Center	4 hrs
2014	Contemporary Forums Adolescent Medicine Harvard Medical School	2 yrs
2015	Sexting, Media and Teens: Advice in the Office Media Use Boston Children's Hospital	2 yrs
2019	Smartphones and Snapchat and Sexting, Oh My!: The Mediatrixian's Guide to Raising Happy, Healthy, Productive Children in the Digital Age	2 hrs

	(South Shore/Boston Children's Pediatric Summit) Boston Children's Hospital	
2019	Recognizing and Treating Problematic Interactive Media Use in Adolescents (Pediatric Physicians' Organization at Children's) Boston Children's Hospital	2 hrs
2019	Am I Addicted to the Internet? Assessing and Responding to Problematic Interactive Media Use (PIMU) (Adolescent Medicine Course) Boston Children's Hospital	2 hrs

### Local Invited Presentations

Those presentations below sponsored by 3rd parties/outside entities are so noted and the sponsor(s) is identified

1994	Video Intervention/Prevention Assessment (VIA)/Seminar Leadership Education in Adolescent Health / Lecture Boston Children's Hospital Seminars
1994	Video Intervention/Prevention Assessment (VIA)/Seminar Leadership Education in Adolescent Health / Oral Presentation Channing Laboratory Lecture Harvard Medical School
1994	When the Chest X-Ray Is Not Black-and-White: A Case of Late-Onset Diaphragmatic Hernia / Grand Rounds Department of Pediatrics Grand Rounds Boston Children's Hospital
1994	A Case of Late-Onset Diaphragmatic Hernia / Lecture Grand Rounds Boston Children's Hospital
1994	Visual Research Methods / Oral Presentation Seminar at HSPH, Department of Health and Social Behavior: BWH, MGH
1995	Video Intervention/Prevention Assessment (VIA): A Qualitative Methodology for Understand the Adolescent Illness Experience / Lecture Department of Pediatrics- HMS, HSPH, BWH, MGH
1995	Outpatient Asthma Management / Lecture HMS, Pediatrics
1996	Asthma Pathophysiology / Oral Presentation

- Pathophysiology Department  
Harvard Medical School
- 1997 Video Intervention/Prevention Assessment (VIA): An Innovative Methodology for Understanding the Adolescent Illness Experience/Seminar / Oral Presentation  
Massachusetts Interdisciplinary Discourse Analysis Seminar  
Harvard University
- 1998 Asthma Quality Improvement / Lecture  
Boston Children's Hospital Seminars
- 1998 Video Intervention/Prevention Assessment (VIA): An Innovative Methodology for Understanding the Adolescent Illness Experience/Seminar / Grand Rounds  
Department of Medicine Grand Rounds  
Beth Israel Deaconess Medical Center
- 1998 Video Intervention/Prevention Assessment of Asthma / Grand Rounds  
Department of Pediatrics, Brigham & Women's Hospital and Boston Children's Hospital
- 1998 The Illness Experience / Lecture  
Harvard Medical School
- 1999 Asthma In the Home Environment / Lecture  
Asthma Summer Camp  
Boston Children's Hospital
- 2000 Media and Adolescent Health / Lecture  
Department of Pediatrics  
Boston Children's Hospital
- 2000 Using Media Tools for Asthma Education / Grand Rounds  
Department of Pediatrics, Brigham & Women's Hospital and Boston Children's Hospital
- 2001 The Illness Experience of Children and Adolescents: Video Intervention/Prevention Assessment (VIA) / Grand Rounds  
Boston Children's Hospital Grand Rounds
- 2001 Anorexia Nervosa / Oral Presentation  
Department of Pediatrics  
Boston Children's Hospital
- 2001 Pediatrician's Response to Terrorism / Lecture  
Department of Pediatrics  
Boston Children's Hospital
- 2001 Managing Asthma in the Real World / Lecture  
Department of Pediatrics: Harvard Medical School Lecture

- 2001            Media and Child Health: Peril and Promise / Lecture  
HSPH: Health and Social Behavior
- 2002            Asthma in Life Context / Lecture  
Department of Ambulatory Medicine: Harvard Medical School Lecture
- 2002            Risk Behaviors of Adolescents / Seminar  
Department of Pediatrics: Boston Children's Hospital
- 2003            Asthma in Life Context / Seminar  
Department of Ambulatory Medicine: Harvard Medical School Lecture
- 2004            Adolescent Health Policies / Lecture  
Harvard T. H. Chan School of Public Health, Social and Behavioral Sciences
- 2004            Media and Body Image / Oral Presentation  
Restrictive Eating Disorders Conference: Boston Children's Hospital
- 2005            Media and Child Health: Peril and Promise / Grand Rounds  
Boston Children's Hospital Department of Pediatrics: Grand Rounds
- 2006            Learning from the Patient: Video Intervention/Prevention Assessment (VIA) / Lecture  
Harvard Medical School Lecture
- 2007            The Effects of Screen Media on Infants and Toddlers: What We Know, What We  
Can Do / Oral Presentation  
Department of Nursing: Boston Children's Hospital Presentation
- 2007            Introduction to Clinical Research:Scientific Presentations / Lecture  
Department of Pediatrics: Boston Children's Hospital
- 2007            Life After Residency / Lecture  
Department of Pediatrics: Boston Children's Hospital
- 2007            Scientific Presentation: Introduction to Clinical Research / Lecture  
Department of Pediatrics: Boston Children's Hospital Lecture
- 2008            Developmental Health Programs / Lecture  
Harvard College, Psychology Department
- 2008            Health Communications / Lecture  
Harvard T. H. Chan School of Public Health, Social and Behavioral Sciences

- 2008 Presenting to the Media / Lecture  
Harvard T. H. Chan School of Public Health, Social and Behavioral Sciences
- 2008 Sex, Drugs, and Lock 'n' Load / Oral Presentation  
Harvard T. H. Chan School of Public Health, Social and Behavioral Sciences
- 2009 New Trends and Data RE: Influence of Media on Children and Adolescents / Grand  
Rounds  
28 Grand Rounds  
Cambridge Health Alliance
- 2009 Mastering the Matrix: Adolescent Health in the Media Age / Oral Presentation  
Department of Pediatrics: Boston Children's Hospital Lecture
- 2009 Mastering the Matrix: Adolescent Health in the Media Age / Lecture  
Department of Pediatrics: Boston Children's Hospital Lecture
- 2009 Sex, Drugs, and Lock 'n' Load / Lecture  
Harvard Medical School Department of Psychiatry
- 2009 Media Violence / Lecture  
Harvard Medical School Lecture
- 2009 Growing Up in the Digital Age: How Modern Media is Shaping Young Minds /  
Lecture  
Harvard Medical School Mass Media/Child Development Seminar
- 2009 Adolescent Health / Lecture  
Harvard T. H. Chan School of Public Health, Social and Behavioral Sciences
- 2009 Cyberbullying / Lecture  
Women in Medicine: Boston Children's Hospital
- 2010 The Art of Writing / Lecture  
Boston Children's Hospital Fellows Meeting
- 2010 Pediatric Prevention in the Digital Age: Measuring Youth Media Exposure / Lecture  
Boston Children's Hospital/Division Chiefs
- 2010 Building Healthy Children and a Successful Society in the Media Age / Lecture  
Harvard Business School Invited Presentation
- 2011 Child Health in the Digital Age: Peril and Promise / Lecture

## BCH Grand Rounds

- 2011 Connecting or Sexting, Learning or Addicted: Interactive Media and Child Health / Lecture  
BCH Grand Rounds
- 2011 Getting It Right in Primetime: Your Media Interaction Skills / Lecture  
Career Development at Boston Children's Hospital
- 2011 Effect of Media on Teen Health in the Information Age / Lecture  
Center for Child and Adolescent Health Policy at Mass General Hospital
- 2011 Effect of Media on Teen Health and the Information Age / Lecture  
Center for Child and Adolescent Policy at Mass General Hospital
- 2011 Cyberbullying: You Can't Run and There's Nowhere to Hide / Lecture  
Contemporary Forums, Adolescent Health Conference at Harvard Medical School
- 2011 Role of Media in the Child/Adolescent Life / Lecture  
Pediatric Practice Organization at Boston Children's Hospital
- 2012 Children at Risk and the People Who Serve Them / Lecture  
Boston University Invited Presentation
- 2012 Media Violence / Lecture  
Harvard Medical School
- 2012 Cyberbullying: You Can't Run and There's Nowhere to Hide / Oral Presentation  
Judge Baker Children's Center
- 2014 Sexting, Media, and Teens: Advice in the Office / Oral Presentation  
Boston Children's Hospital Adolescent Clinic Presentation
- 2014 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral Presentation  
Harvard Business School
- 2015 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral Presentation  
Harvard Business School
- 2017 CIMAID Presentation / Oral Presentation  
Boston Children's Hospital Fellows Meeting

- 2018 Harvard Business School Reunion Media and Child Health Presentation / Oral Presentation  
Harvard Business School Reunions
- 2019 Bullying / Oral Presentation  
Mexico Summits 2019  
International Health Education, Boston Children's Hospital
- 2019 Smartphones and Snapchat and Sexting, Oh My! The Mediatrician's Guide to Raising Healthy, Happy, Effective Children in the Digital Age / Oral Presentation  
Harvard Business School Reunions  
Harvard Business School
- 2019 Smartphones and Snapchat and Sexting, Oh My! Ask The Mediatrician / Oral Presentation  
MASCO Speaker Series  
Boston Children's Hospital
- 2019 Media and Children's Health / Webinar  
Pediatric Physicians' Organization at Children's (PPOC) Webinar  
Pediatric Physicians' Organization at Children's (PPOC) Webinar
- 2020 Media and Health / Lecture  
Morgan, Lewis & Bockius LLP Presentation  
(Morgan, Lewis & Bockius LLP Presentation)
- 2020 Ask the Expert - Screentime Video Overview / Oral Presentation  
Boston Children's Hospital Ask the Expert Series  
Boston Children's Hospital
- 2020 Recognizing and Treating Problematic Interactive Media Use (PIMU) / Oral Presentation  
Social Work Professional Education Committee Meeting  
Pediatric Physicians' Organization of Boston Children's Hospital
- 2020 Digital Wellness / Oral Presentation  
Cystic Fibrosis with Doctor Ahmet Uluer  
Boston Children's Hospital
- 2020 Digital Wellness / Oral Presentation  
Harvard Business School Reunion  
Harvard University (Harvard Business School)  
*This presentation was scheduled, but then cancelled because of a Covid-19 travel/meeting ban*
- 2020 Family Digital Wellness Guide Presented / Oral Presentation  
Westwood Mansfield Pediatrics Group – Facebook Live Event  
Westwood Mansfield Pediatrics Group

### **Report of Regional, National and International Invited Teaching and Presentations**

Those presentations below sponsored by 3rd parties/outside entities are so noted and the sponsor(s) is identified.

Regional

- 1994 Asthma and Environmental Justice / Oral Presentation - Presenter  
New England Environmental Conference  
Medford, Massachusetts
- 1996 Primary Care Asthma Management with Adolescents / Oral Presentation - Presenter  
Hasbro Children's Hospital  
Providence, Rhode Island
- 1997 Managing Asthma with the Adolescent / Oral Presentation - Presenter  
National Coordinators Meeting of the Childhood Asthma Managing Initiative: National  
Heart, Lung, & Blood Institute  
Salem, Massachusetts
- 1997 Managing Asthma in Real Life / Lecture - Presenter (Selected Oral Abstract)  
Society for Adolescent Medicine- New England Chapter Annual Meeting  
Boxborough, Massachusetts
- 1997 Video Intervention/Prevention Assessment (VIA): An Innovative Methodology for  
Understanding the Illness Experience / Lecture - Presenter (Selected Oral Abstract)  
Sociology of Health  
St. Joseph's University  
Philadelphia, Pennsylvania
- 1999 Adolescent Health – Visiting Professorship  
University of Vermont  
Burlington, Vermont
- 1999 The Asthma Illness Experience / Grand Rounds - Presenter  
Department of Pediatrics  
New England Medical Center  
Boston, Massachusetts
- 2000 Asthma in Real Life / Oral Presentation - Invited Speaker (Selected Oral Abstract)  
American Lung Association - Rhode Island  
Providence, Rhode Island
- 2000 - 2004 Male Adolescent Health, Students – Lecturer  
Bentley College  
Waltham, Massachusetts
- 2001 Asthma in Real Life: Fishing for Solutions / Oral Presentation - Presenter  
Boston Urban Asthma Coalition  
Boston, Massachusetts
- 2001 Asthma, Cultural and Health Disparities / Oral Presentation - Presenter  
Boston Urban Asthma Coalition  
Boston, Massachusetts
- 2001 Media and Child Health: Peril and Promise/ Grand Rounds / Grand Rounds - Invited  
Speaker  
Caritas Good Samaritan Medical Center  
Brockton, Massachusetts

- 2001 Media and Child Health: Peril and Promise/ Grand Rounds / Grand Rounds - Invited Speaker  
Connecticut Children's Hospital  
Hartford, Connecticut
- 2001 Managing Asthma with the Adolescent / Oral Presentation - Presenter  
Glaxo Wellcome Pharmaceuticals  
Brewster, Massachusetts
- 2001 Primary Care Asthma Management of Asthma / Lecture - Presenter  
Lifespan Rhode Island Hospital  
Providence, Rhode Island
- 2001 Putting a Face on Asthma / Oral Presentation - Presenter  
Massachusetts Medical Society  
Waltham, Massachusetts
- 2001 Media and Child Health: Peril and Promise / Oral Presentation - Presenter  
Northeast Regional Conference for the Social Studies Society for Adolescent Medicine  
Boston, Massachusetts
- 2002 Video Intervention/Prevention Assessment / Grand Rounds - Presenter  
Dartmouth Hitchcock Medical Center  
Hanover, New Hampshire
- 2002 Video Intervention/Prevention Assessment / Lecture - Presenter  
Dartmouth Hitchcock Medical Center  
Hanover, New Hampshire
- 2002 Media and Child Health: Peril and Promise / Grand Rounds - Presenter  
Deaconess Glover Hospital  
Needham, Massachusetts
- 2002 Asthma: Environmental and Clinical Issues / Lecture - Presenter  
Massachusetts Medical Society  
Waltham, Massachusetts
- 2002 Completion, Not Defeat: Reframing Mortality / Keynote/Plenary Address - Presenter  
Massachusetts Medical Society  
Waltham, Massachusetts
- 2002 Asthma in Life Context: Real life Illness Experiences of Children and Adolescents /  
Lecture - Presenter  
Massachusetts Society for Respiratory Care  
Westborough, Massachusetts
- 2002 Asthma in Real Life / Keynote/Plenary Address - Presenter  
Massachusetts Society for Respiratory Care  
Sturbridge, Massachusetts
- 2002 Asthma in Life Context: Real life Illness Experiences of Children and Adolescents /  
Oral Presentation - Presenter  
Massachusetts Society for Respiratory Care, Affiliate of American Association for  
Respiratory Care  
Sturbridge, Massachusetts

- 2002 Video Games and Child Health: Beyond Virtual to Reality / Oral Presentation - Presenter  
New Hampshire Department of Health and Human Services  
Manchester, New Hampshire
- 2002 Video Games and Child Health / Oral Presentation - Presenter  
New Hampshire Media Violence Coalition at the University of New Hampshire  
Manchester, New Hampshire
- 2002 Media and Child Health / Lecture - Presenter  
Project Safeguard  
Weston, Massachusetts
- 2002 Video Intervention/Prevention Assessment / Keynote/Plenary Address - Presenter  
Woods Hole Film Festival at Woods Hole Oceanographic Institute  
Woods Hole, Massachusetts
- 2003 Video Intervention/Prevention Assessment (VIA): Understanding the Illness from the Inside Out / Oral Presentation - Presenter  
Institute of Contemporary Art  
Boston, Massachusetts
- 2003 Effects of Media on Children and Adolescents / Lecture - Presenter  
Nurse Practitioner Associates for Continuing Education  
Natick, Massachusetts
- 2005 VIA/Qualitative Methods / Oral Presentation - Presenter  
ABT Associates  
Cambridge, Massachusetts
- 2005 Media and Child Health: Peril and Promise / Oral Presentation - Presenter  
Harvard Pilgrim Health Care  
Boston, Massachusetts
- 2005 Obesity in Real Life / Lecture - Presenter (Selected Oral Abstract)  
Rhode Island Department of Health  
Providence, Rhode Island
- 2005 Obesity in Real Life / Keynote/Plenary Address - Presenter (Selected Oral Abstract)  
Rhode Island School Nurse Teacher Annual Conference  
Warwick, Massachusetts
- 2005 The Psychology of Pediatric Chronic Illness / Oral Presentation - Presenter  
Tufts University  
Medford, Massachusetts
- 2007 Media and Their Effects on Child Health – Lecturer  
Boston University School of Public Health  
Boston, Massachusetts
- 2008 Children at Risk – Lecturer  
Boston University  
Boston, Massachusetts
- 2008 Children at Risk – Lecturer  
Boston University

## Boston, Massachusetts

- 2009 The (Inter)Active Child: Facebooking, Sexting, and the Electronic Bully / Keynote Address - Edward Penn Memorial Lecture - Invited Speaker (Selected Oral Abstract)  
American Academy of Pediatrics- Massachusetts Chapter  
Waltham, Massachusetts
- 2009 Media on Child Health: Peril and Potential / Grand Rounds - Presenter (Selected Oral Abstract)  
Annual Bobbi Cummins Lecture  
Morristown Memorial Hospital  
Morristown, New Jersey
- 2009 Media on Child Health: Peril and Potential / Grand Rounds - Presenter (Selected Oral Abstract)  
Annual Bobbi Cummins Lecture  
Overlook Hospital  
Summit, New Jersey
- 2009 Using Patient-Created Media to Understand the Illness Experience / Lecture - Presenter (Selected Oral Abstract)  
Morristown Memorial Hospital Lecture  
Morristown, New York
- 2009 Approaches to Healthy Eating & Living / Panel Member - Panelist (Selected Oral Abstract)  
New England Regional Chapter of the Society for Adolescent Medicine  
Mansfield, Massachusetts
- 2010 Bullying Workshop – Lecturer  
Bentley College  
Waltham, Massachusetts
- 2010 The (Inter) Active Child: Facebooking, Sexting and the Electronic Bully / Lecture - Invited Speaker  
American Academy of Pediatrics- 1st District Rhode Island Chapter  
Providence, Rhode Island
- 2011 Cyberbullying: You Can't Run and There's Nowhere to Hide / Oral Presentation - Presenter  
Adolescent Health Conference  
Boston, Massachusetts
- 2011 Adolescents: Beyond Sex, Drugs, and Lock & Load: Seeking Genuine Sensation / Lecture - Invited Speaker (Selected Oral Abstract)  
American Counseling Association of New York  
New York, New York
- 2011 School Age Children: Finding Huck Finn: Reclaiming Childhood from the Electronic River / Lecture - Presenter (Selected Oral Abstract)  
American Counseling Association of New York  
New York, New York
- 2011 Tom Cottle: Children at Risk and the People Who Serve Them / Lecture - Presenter  
Boston University Invited Presentation

## Boston, Massachusetts

- 2011 Child Health in the Digital Age: Peril and Promise / Grand Rounds - Presenter  
(Selected Oral Abstract)  
Grand Rounds  
University of Connecticut  
Storrs, Connecticut
- 2011 Influence of New Media on Sexual Activity / Oral Presentation - Panelist  
Rand Corp Expert Panel  
Arlington, Massachusetts
- 2012 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral  
Presentation - Presenter  
Harvard Pilgrim Health Care  
Manchester, New Hampshire
- 2012 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral  
Presentation - Presenter  
School Nurses Summer Institute  
Hyannis, Massachusetts
- 2012 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral  
Presentation - Presenter  
UMass Worcester Grand Rounds  
Worcester, Massachusetts
- 2013 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral  
Presentation - Presenter  
Harvard Pilgrim Health Care  
Wellesley, Massachusetts
- 2013 Media Effects on Adolescent Behavior: Sex, Drugs, and Lock 'n' Load / Oral  
Presentation - Presenter  
Yale School of Medicine  
Shelton, Connecticut
- 2013 Media Effects on Adolescent Behavior: Sex, Drugs and Lock & Load / Oral  
Presentation - Invited Speaker  
The Thirty-sixth Annual Maxwell Bogin, MD Lectures in Pediatrics  
New Haven, Connecticut
- 2014 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral  
Presentation - Presenter  
Comcast  
Manchester, New Hampshire
- 2014 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral  
Presentation - Presenter  
Harvard Pilgrim Health Care  
Portland, Maine
- 2015 New Tools for Addressing Media Use in the Clinical Visit / Oral Presentation -  
Presenter  
Harvard Pilgrim Health Care Meeting

Wellesley, Massachusetts

- 2015 Nurturing Connectedness in the Hyper connected: Raising Healthy Digital Natives / Oral Presentation - Presenter  
The Andrulonis Child Mental Health Evening Lecture Series  
West Hartford, Connecticut
- 2018 Westwood Clinician Toolkit Presentation / Oral Presentation - Presenter  
Westwood Clinician Toolkit  
Westwood, Massachusetts
- 2019 Am I Addicted to the Internet? Assessing and Responding to Problematic Interactive Media Use (PIMU) / Lecture - Invited Speaker (Selected Oral Abstract)  
American Academy of Pediatric Dentistry  
Boston, Massachusetts
- 2019 SMARTPHONES AND SNAPCHAT AND SEXTING, OH MY! Interactive Media Use Among Youth, Eliot-Pearson Seminar Series, Eliot-Pearson faculty, grad students, and undergraduates – Guest Lecturer  
Tufts University  
Medford, Massachusetts
- 2019 SMARTPHONES AND SNAPCHAT AND SEXTING, OH MY! Interactive Media Use Among Youth / Oral Presentation - Invited Speaker (Selected Oral Abstract)  
Eliot-Pearson Speaker Series  
Department of Child Study and Human Development, Tufts University  
Medford, Massachusetts
- 2019 One of Them Might Grow Up to Be CEO: Kids and the Importance of Digital Civility / Panel - Presenter (Selected Oral Abstract)  
Fast Company Innovation Company  
Fast Company Innovation Company  
New York, New York (Fast Company Innovation Company)
- 2020 Digital Wellness / Oral Presentation - Invited Speaker  
Mason-Rice Elementary School  
Mason-Rice Elementary School  
Newton Centre, Massachusetts (Mason-Rice Elementary School)
- 2020 Am I Addicted to the Internet? Assessing and Responding to Problematic Interactive Media Use (PIMU) / Keynote/Plenary Address - Presenter  
Adolescent Medicine 2020  
Division of Adolescent and Young Adult Medicine, Boston Children's Hospital  
Boston, Massachusetts  
*This presentation was scheduled, but then cancelled because of a Covid-19 travel/meeting ban*
- 2020 Meet the Professor Breakfast / Roundtable - Presenter  
Adolescent Medicine 2020  
Division of Adolescent and Young Adult Medicine, Boston Children's Hospital  
Boston, Massachusetts  
*This presentation was scheduled, but then cancelled because of a Covid-19 travel/meeting ban*

- 2020 Family Digital Wellness / Oral Presentation - Invited Speaker  
Webinar for Teachers K-3  
Acton-Boxborough Regional School District  
Acton, Massachusetts
- 2020 Family Digital Wellness / Oral Presentation - Invited Speaker  
Webinar for Teachers of High School  
Acton-Boxborough Regional School District  
Acton, Massachusetts
- 2020 Digital Wellness / Oral Presentation - Invited Speaker  
Harvard Pilgrim Health Care Digital Wellness Webinar  
Harvard Pilgrim Health Care  
Wellesley, Massachusetts
- 2021 Screen Time in a Pandemic: How Much is too Much? / Oral Presentation - Panelist  
Tufts University  
Tufts University  
Somerville, Massachusetts
- National
- 1996 Video Intervention/Prevention Assessment (VIA) / Oral Presentation - Invited Speaker  
(Selected Oral Abstract)  
Technology in Service of Patient-Centered Research  
The Picker Institute  
St. Louis, Missouri
- 1996 Violence and Weapon-Carrying in Music Videos: A Content Analysis / Research  
Presentation - Presenter (Selected Oral Abstract)  
Society for Adolescent Medicine  
Arlington, Virginia
- 1997 Aggressors or Victims: Gender and Race in Music Video Violence / Research  
Presentation - Presenter (Selected Oral Abstract)  
Society for Adolescent Medicine  
San Francisco, California
- 1999 Media and HIV Risk / Oral Presentation - Invited Speaker  
National Institutes of Health  
Rockville, Maryland
- 1999 Qualitative Research Methods: Deep Inquiry into the Lives of Adolescents / Workshop  
- Leader (Selected Oral Abstract)  
Society for Adolescent Medicine  
Los Angeles, California
- 2000 Media Effects on Child Health – Guest Lecturer  
American Academy of Pediatrics, Chicago, IL
- 2000 Media Effects on Child Health / Oral Presentation - Presenter  
American Academy of Pediatrics  
Chicago, Illinois

- 2000 Media Matters / Oral Presentation - Invited Speaker  
American Academy of Pediatrics  
Chicago, Illinois
- 2000 Surfing the Med: Implications and Solutions for Patient Education / Oral Presentation -  
Presenter  
American Academy of Pediatrics  
New York, New York
- 2000 Training Pediatricians for the Information Age / Oral Presentation - Presenter  
American Academy of Pediatrics  
San Francisco, California
- 2000 My Body, Myself! Teen Body Image and the Influence of Peers and the Media /  
Workshop Leader - Leader (Selected Oral Abstract)  
Society for Adolescent Medicine  
Arlington, Virginia
- 2000 Explanatory Models of Asthma: Are Beliefs About Management More Important Than  
Knowledge of Disease / Oral Presentation - Presenter  
Society for Adolescent Medicine  
Arlington, Virginia
- 2000 Teletubbies to Doom: What Pediatric Residents Are Taught About Mass Media / Oral  
Presentation - Presenter  
Society for Adolescent Medicine  
Arlington, Virginia
- 2000 Congressional Public Health Summit on Entertainment Violence / Oral Presentation -  
Presenter  
United States Congress  
Washington, District of Columbia
- 2000 Media Effects on Child Health / Oral Presentation - Presenter  
University of Medicine and Dentistry of New Jersey  
Newark, New Jersey
- 2000 Video Intervention/Prevention Assessment (VIA) of Asthma / Oral Presentation -  
Presenter  
University of Medicine and Dentistry of New Jersey  
Newark, New Jersey
- 2000 Video Intervention/Prevention Assessment (VIA): Asthma / Oral Presentation -  
Presenter  
University of Medicine and Dentistry of New Jersey  
Newark, New Jersey
- 2001 Residents Reaching Out: Media Advocacy / Oral Presentation - Invited Speaker  
(Selected Oral Abstract)  
American Academy of Pediatrics  
San Francisco, California
- 2001 Lights! Camera! Asthma! / Oral Presentation - Invited Speaker (Selected Oral  
Abstract)  
American Academy of Pediatrics

## San Francisco, California

- 2001 This Time with Feeling: Presenting Research to Professional Audiences / Workshop  
Leader - Leader (Selected Oral Abstract)  
Society for Adolescent Medicine  
San Diego, California
- 2001 Youth with Disabilities and Their Transition to Adulthood / Keynote/Plenary Address -  
Invited Speaker (Selected Oral Abstract)  
Transitions Conference  
Maternal and Child Health Bureau, American Academy of Pediatrics  
Racine, Wisconsin (Wingspread Foundation)
- 2001 Transitions of Adolescents and Young Adults with Special Health Care Needs /  
Conference Co-Leader - Leader (Selected Oral Abstract)  
Maternal and Child Health Bureau  
Racine, Wisconsin
- 2001 Media Ratings for Child Health / Testimony - Invited Speaker  
United States Senate  
Washington, District of Columbia
- 2001 Sexuality in the Media / Testimony - Invited Speaker  
United States Senate  
Washington, District of Columbia
- 2002 VIA: A New Method for Health Behavior Research / Oral Presentation - Invited  
Speaker  
American Academy of Health and Behavior  
Napa Valley, California
- 2002 Media and Child Health / Keynote/Plenary Address - Invited Speaker  
American Academy of Pediatrics  
San Diego, California
- 2002 Media and Child Health: Peril and Promise / Oral Presentation - Presenter  
American Academy of Pediatrics  
Chicago, Illinois
- 2002 Sex, Drugs, and Lock 'n' Load: Advances in Pediatric Health Care / Oral Presentation  
- Leader  
American Academy of Pediatrics  
Boston, Massachusetts
- 2002 Charting our Children's Futures-Caring for Children, Their Families, and Our  
Communities / Oral Presentation - Invited Speaker  
American Academy of Pediatrics National Conference and Exhibition  
San Diego, California
- 2002 Managing Asthma in Real-Life Context / Oral Presentation - Invited Speaker  
GSK Clinical Training  
Chicago, Illinois
- 2002 Leadership Education in Adolescent Health Program Research and Teaching Seminar  
/ Oral Presentation - Presenter

- Seminar Leader: University of Minnesota  
Minneapolis, Minnesota
- 2002 Media and Child Health: What We Know, What We Need to Know / Keynote/Plenary  
Address - Invited Speaker  
United States Senate  
Washington, District of Columbia
- 2002 Using Media to Understand Chronic Illness / Grand Rounds - Presenter  
University of Minnesota  
Minneapolis, Minnesota
- 2002 Patient-Centered Qualitative Methodology for Investigating the Illness Experience /  
Oral Presentation - Invited Speaker  
University of Minnesota School of Nursing  
Minneapolis, Minnesota
- 2003 Effects of Media on Children and Adolescents / Oral Presentation - Presenter  
American Academy of Pediatrics  
Elk Grove Village, Illinois
- 2003 Media and Child Health: What We Know, What We Need to Know / Oral Presentation -  
Presenter  
Federal Trade Commission  
Washington, District of Columbia
- 2003 VIA: The Illness Experience of Children and Adolescents / Grand Rounds - Presenter  
Inova Hospital  
Fairfax, Virginia
- 2003 Media and Adolescent Health: What We Know, What We Need to Know / Oral  
Presentation - Presenter  
Institute for Youth Development  
Washington, District of Columbia
- 2003 American Academy of Pediatrics CATCH / Visiting Professor - Presenter  
Long Island Jewish Hospital  
Manhasset, New York
- 2003 Video Intervention/Prevention Assessment: Understanding Illness from the Patient  
Perspective / Grand Rounds - Presenter  
Long Island Jewish Hospital  
Manhasset, New York
- 2003 Media and Child Health: Peril and Promise / Grand Rounds - Invited Speaker  
(Selected Oral Abstract)  
Steven and Alexandra Cohen Children's Medical Center of New York  
New Hyde Park, New York
- 2003 Living with Obesity: Visual Narratives of Overweight Adolescents / Oral Presentation -  
Presenter  
National Institute of Health Care Management  
Washington, District of Columbia
- 2003 Media and Child Health: What We Know, What We Need to Know / Oral Presentation -

- Presenter  
National Press Club  
Washington, District of Columbia
- 2003 Understanding the Pediatric Illness Experience / Keynote/Plenary Address - Presenter  
New York University School of Medicine  
New York, New York
- 2003 Effects of Media On Sexual Risks Behavior / Keynote/Plenary Address - Presenter  
President's Advisory Committee on HIV/AIDS  
Washington, District of Columbia
- 2003 Media and Child Health: Peril and Promise / Grand Rounds - Presenter  
Schneider Children's Hospital  
New Hyde Park, New York
- 2003 Video Intervention/Prevention Assessment (VIA): Obesity / Oral Presentation -  
Presenter  
Society for Adolescent Health and Medicine Annual Meeting  
Boston, Massachusetts
- 2003 Understanding the Pediatric Illness Experience / Grand Rounds - Invited Speaker  
(Selected Oral Abstract)  
New York University School of Medicine  
New York, New York
- 2003 Media and Child Health: What We Know, What We Need to Know / Oral Presentation -  
Presenter  
United States Chamber of Congress  
Boca Raton, Florida
- 2003 Brain-Mapping in Media Health Research / Testimony - Presenter  
United States Senate  
Washington, District of Columbia
- 2004 Impact of the Media on Adolescent Sexual Attitudes and Behaviors / Oral Presentation  
- Presenter  
Center for Disease Control and Prevention  
Washington, District of Columbia
- 2004 Children and Media Research Advancement Act (CAMRA) Senate Briefing /  
Testimony - Invited Speaker (Selected Oral Abstract)  
United States Senate  
Washington, District of Columbia
- 2004 Children and Media / Oral Presentation - Invited Speaker (Selected Oral Abstract)  
Kaiser Family Foundation Congressional Briefing  
Washington, District of Columbia
- 2004 Marketing to the Young Teen / Plenary Presentation - Presenter (Selected Oral  
Abstract)  
Society for Adolescent Medicine  
St. Louis, Missouri
- 2004 The Influence of Popular Media on Adolescents' Sexual Attitudes and Behaviors: What

- the Research Shows / Roundtable Discussant - Discussant (Selected Oral Abstract)  
Center for Disease Control and Prevention  
Washington, District of Columbia
- 2005 The Effects of Video Games on Child Health / Testimony - Presenter  
Illinois State Senate  
Springfield, Illinois
- 2005 Learning about Illness from Children and Adolescents: Video Intervention/Prevention  
Assessment (VIA) / Oral Presentation - Presenter  
Legacy Emanuel Children's Hospital  
Portland, Oregon
- 2005 Media and Child Health: Peril and Promise / Oral Presentation - Invited Speaker  
(Selected Oral Abstract)  
Nemours - Alfred I. duPont Hospital for Children  
Wilmington, Delaware
- 2005 Media and Child Health: Peril and Promise / Grand Rounds - Invited Speaker  
(Selected Oral Abstract)  
University of Tennessee  
Memphis, Tennessee
- 2005 Kids & Media: What Does the Research Tell Us? / Panel Discussant - Discussant  
(Selected Oral Abstract)  
National Media Education Conference  
San Francisco, California
- 2005 Media and Child Health: Peril and Promise / Oral Presentation - Presenter  
Ricks Center for Gifted Children, University of Denver  
Denver, Colorado
- 2005 Achieving Independence: The Role of Parental Involvement with Adolescents with  
Spina Bifida / Research Presentation - Presenter (Selected Oral Abstract)  
Society for Adolescent Medicine  
Los Angeles, California
- 2005 The Effects of Popular Music on Child and Adolescent Health / Testimony - Presenter  
(Selected Oral Abstract)  
United States House of Representatives  
Washington, District of Columbia
- 2005 The Effects of Video Games on Child Health and Safety / Testimony - Invited Speaker  
(Selected Oral Abstract)  
North Carolina State Commerce Committee  
Raleigh, North Carolina
- 2006 Intervening on Media Effects on Child Health / Oral Presentation - Presenter  
American Academy of Pediatrics  
Washington, District of Columbia
- 2006 Children, Television Viewing, and Weight Status / Oral Presentation - Presenter  
Center for Disease Control and Prevention  
Atlanta, Georgia

- 2006 Media and Child Health: Peril and Promise / Grand Rounds - Presenter  
Johns Hopkins University School of Medicine  
Baltimore, Maryland
- 2006 Kids, TV, and Media: What We Need to Know about TV and Computers / Oral  
Presentation - Presenter  
National Association of Children's Museums  
Boston, Massachusetts
- 2006 Effects of Electronic Media on the Cognitive, Social, and Emotional Development of  
Children and Adolescents / Oral Presentation - Presenter  
National Institute of Child Health and Development  
Rockville, Maryland
- 2006 The Medium Is the Medicine: Media Interviewing Skills for Adolescent Health / Oral  
Presentation - Presenter  
Society for Adolescent Medicine  
Boston, Massachusetts
- 2007 Adolescent Medicine – Visiting Professor  
University of Alabama  
Birmingham, Alabama
- 2007 Child Health and Safety on the Internet / Keynote/Plenary Address - Presenter  
Google  
Mountain View, California
- 2007 Media and Child Health: Peril or Promise? / Grand Rounds - Invited Speaker  
(Selected Oral Abstract)  
University of Alabama at Birmingham  
Birmingham, Alabama
- 2007 Media Violence and Its Impact on Children / Roundtable Discussant - Discussant  
(Selected Oral Abstract)  
National  
Indianapolis, Indiana
- 2007 Music Videos and Their Effects on Youth / Oral Presentation - Invited Speaker  
(Selected Oral Abstract)  
Annenberg Public Policy Center  
Rancho Mirage, California
- 2007 TV, Video Games, and the Internet: Are We Helping or Hurting Our Children? / Oral  
Presentation - Invited Speaker (Selected Oral Abstract)  
Stone Family Foundation  
Chicago, Illinois
- 2007 Is there a Health Risk Disparity for Minority Youth? Media as Perpetrator and Liberator  
/ Oral Presentation - Presenter  
University of Michigan School of Public Health  
Ann Arbor, Michigan
- 2008 Media and Child Health: Peril and Promise / Oral Presentation - Presenter  
American Academy of Pediatric Dentistry  
Washington, District of Columbia

- 2008 Kids & the Internet / Oral Presentation - Presenter  
American Academy of Pediatrics National Conference and Exhibition  
Boston, Massachusetts
- 2008 Baby Einstein? Baby Hamlet? TV or Not TV? / Oral Presentation - Invited Speaker  
(Selected Oral Abstract)  
National Association for the Education of Young Children  
Chicago, Illinois
- 2008 Real life Teletubbies: Understanding and Responding to Screen Media Effects on  
Childhood Obesity / Keynote/Plenary Address - Presenter  
Center for Best Practices for the Prevention of Early Childhood Overweight and  
Obesity Foundation for Healthy Living  
Latham, New York
- 2008 Protecting Our Children / Keynote/Plenary Address - Presenter  
Fred Rogers Center Briefing: Youth-created Media: A Force for Experimental  
Education and Civic Engagement in the Digital Age  
Latrobe, Pennsylvania
- 2008 This is me! This is cool! / Oral Presentation - Presenter  
Fred Rogers Center Briefing: Youth-created Media: A Force for Experimental  
Education and Civic Engagement in the Digital Age  
Latrobe, Pennsylvania
- 2008 Children's Online Safety in Context: The Health/Prevention Science View / Oral  
Presentation - Presenter  
PointSmart.ClickSafe.Summit  
Washington, District of Columbia
- 2008 Qualitative Research / Oral Presentation - Presenter  
Society for Adolescent Health and Medicine Annual Meeting  
Los Angeles, California
- 2008 Qualitative Research Methods / Workshop Leader - Leader (Selected Oral Abstract)  
Society for Adolescent Medicine  
Greensboro, North Carolina
- 2008 Using Qualitative Analysis Software / Workshop Leader - Leader (Selected Oral  
Abstract)  
Society for Adolescent Medicine  
Greensboro, North Carolina
- 2008 Media and Child Health and Development / Oral Presentation - Invited Speaker  
(Selected Oral Abstract)  
Stuart Family Foundation  
Washington, District of Columbia
- 2009 Adolescent Medicine – Cummins Endowment Visiting Professorship  
Goryeb's Children's Hospital  
Morristown, New Jersey
- 2009 Playing and Staying Safe Online / Panel Member - Panelist (Selected Oral Abstract)  
Google/iKeepSafe Conference

Washington, District of Columbia

- 2009 MySpace and YouTube and Everyone We Know: Connecting, Communicating, and Growing Up Online / Oral Presentation - Invited Speaker (Selected Oral Abstract)  
National Institute of Child Health and Human Development  
Rockville, Maryland
- 2009 Media and Technology Influences and Interventions / Workshop - Invited Speaker  
National Research Council  
Institute of Medicine of the National Academies  
Washington, District of Columbia
- 2009 Let's Get the Remote Control Back: Media Literacy for Adolescents / Oral Presentation - Presenter  
Society for Adolescent Health and Medicine Annual Meeting  
Los Angeles, California
- 2009 The Health Revolution May Not Be Televised, but it will Probably be on YouTube: Media Interviewing Skills for Health Professionals in the TV and Post-TV world / Oral Presentation - Presenter  
Society for Adolescent Health and Medicine Annual Meeting  
Los Angeles, California
- 2009 YouTube Stars / Workshop - Invited Speaker (Selected Oral Abstract)  
Society for Adolescent Medicine Annual Meeting  
Los Angeles, California
- 2009 The Influence of Media on Adolescent Sexual Behavior: A Review of the Research / Oral Presentation - Invited Speaker (Selected Oral Abstract)  
Taming the Media Monster: Teens and Sex in the Digital Age Conference  
The National Campaign to Prevent Teen and Unplanned Pregnancy  
Washington, District of Columbia
- 2009 Young People Online: How Advertisers Reach Them and How They Reach Each Other / Oral Presentation - Invited Speaker (Selected Oral Abstract)  
National Institute of Child Health and Human Development  
Rockville, Maryland
- 2010 Finding Huck Finn: Reclaiming Experience of the Primary Experience of Childhood from a River of Electronic Screens / Oral Presentation - Presenter  
American Academy of Pediatrics National Conference and Exhibition  
San Francisco, California
- 2010 The Influence of the Media on Leaders & Their Children / Lecture - Invited Speaker (Selected Oral Abstract)  
Path North Leadership Council Annual Meeting  
New York, New York
- 2011 The Medium 2.0 Is the Message, Communicating Adolescent Health in Tradition and Interactive Media, Medical Professionals – Lecturer
- 2011 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral Presentation - Presenter  
Action Coalition for Media Education (ACME) National Conference

## Boston, Massachusetts

- 2011 American Academy of Pediatrics Media / Lecture (Selected Oral Abstract)  
American Academy of Pediatrics  
University of Michigan  
Ann Arbor, Michigan
- 2011 American Academy of Pediatrics Visiting Professor / Oral Presentation - Presenter  
American Academy of Pediatrics  
Ann Arbor, Michigan
- 2011 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral  
Presentation - Presenter  
American Academy of Pediatrics  
San Francisco, California
- 2011 Child Health in the Digital Age: Peril and Promise / Grand Rounds - Invited Speaker  
(Selected Oral Abstract)  
American Academy of Pediatrics Annual Meeting  
Denver, Colorado
- 2011 The Effect of Media on Teen Health in the Information Age / Oral Presentation -  
Presenter  
Navigating Healthy Families  
Glendale Heights, Illinois
- 2011 Connecting or Sexting, Learning or Addicted: Media and Adolescent Health / Oral  
Presentation - Presenter  
Pri-Med Midwest  
Rosemont, Illinois
- 2011 Reaching E-Teens by Social Networking / Oral Presentation - Presenter  
Society for Adolescent Medicine  
Seattle, Washington
- 2011 Beyond Sex, Drugs, and Lock 'n' Load": Seeking Genuine Sensation / Oral  
Presentation - Presenter  
Tri-State Camp Conference  
Atlantic City, New Jersey
- 2011 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral  
Presentation - Presenter  
Tri-State Camp Conference  
Atlantic City, New Jersey
- 2012 Finding Huck Finn: Reclaiming Childhood from the River of Electronic Screens /  
Lecture - Invited Speaker (Selected Oral Abstract)  
American Academy of Pediatrics  
Somerset, New Jersey
- 2012 Finding Huck Finn: Reclaiming Childhood / Oral Presentation - Presenter  
American Academy of Pediatrics National Conference and Exhibition  
New Orleans, Louisiana
- 2012 Video Games: Educational, Addictive, Waste? / Oral Presentation - Presenter

American Academy of Pediatrics National Conference and Exhibition

- 2012 Implications of Research for Media Practitioners / Panel Moderator - Moderator  
(Selected Oral Abstract)  
Philadelphia, Pennsylvania
- 2012 Why We Shouldn't Call It "Internet Safety" / Oral Presentation - Invited Speaker  
(Selected Oral Abstract)  
Internet Safety Advisory Council Meeting  
Washington, District of Columbia
- 2012 Finding Huck Finn: Reclaiming Childhood from the River of Electronic Screens /  
Lecture - Presenter  
Medical Library Association  
New York City, New York
- 2012 Mix Oil, Water and Everyday Life: Meeting the Needs of New Orleans Adolescents /  
Oral Presentation - Invited Speaker (Selected Oral Abstract)  
Society for Adolescent Health and Medicine  
New Orleans, Louisiana
- 2012 Media Exposure & Content: A Review of the Science / Oral Presentation - Presenter  
Peds Place Tele-educational Conference  
Arkansas
- 2012 Finding Huck Finn: Reclaiming Childhood from the River of Electronic Screens /  
Lecture - Presenter  
Ransom Everglades School  
Miami, Florida
- 2013 Finding Huck Finn: Reclaiming Childhood from the River of Electronic Screens / Oral  
Presentation - Presenter (Selected Oral Abstract)  
American Academy of Pediatrics  
Steamboat Springs, Colorado
- 2013 Going Globale: Caring for Adolescents in a 24/7 Digital World / Oral Presentation -  
Presenter (Selected Oral Abstract)  
Society for Adolescent Health and Medicine  
Atlanta, Georgia
- 2013 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens /  
Keynote/Plenary Address  
NC Pediatric Society annual meeting  
Asheville, North Carolina
- 2013 Media & Children / Lecture  
AAP (Nebraska Chapter meeting)  
Omaha, Nebraska
- 2014 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Lecture  
Comcast  
Provo, Utah
- 2014 Feed Your Head: Influence of the Media Youth Use on the Way They Eat /

- Keynote/Plenary Address  
International Conference on Eating Disorders "Coming of Age as a Global Field"  
New York, New York
- 2014 Feed Your Head: Influence of the Media Youth Use on the Way They Eat / Lecture -  
Presenter  
International Conference on Eating Disorders Conference  
New York City, New York
- 2014 Mind over Matter: The Psychological Impact of Digital Media / Lecture  
FOSI (Family Online Safety Institute) Annual Conference  
Washington, D.C., District of Columbia
- 2015 Cyber Health and Cyber Balance: Striking a Healthy Balance in a Digital Culture / Oral  
Presentation - Presenter  
Family Online Safety Institute  
Washington, District of Columbia
- 2015 Schoolhouse Slate or Digital Distraction? Technology in the Preschool Classroom /  
Keynote/Plenary Address - Presenter  
National Association for the Education of Young Children Annual Conference  
Orlando, Florida
- 2015 New Research Methodologies in Studying Digital Media and Adolescents / Oral  
Presentation - Presenter  
New Research Methodologies in Studying Digital Media and Adolescents  
Irvine, California
- 2015 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral  
Presentation - Presenter  
PathNorth Salon Series  
Knoxville, Tennessee
- 2015 Showing and Telling Life with Asthma- Patients Teaching Clinicians What They Know  
and What They Need / Keynote/Plenary Address - Presenter  
PCORI Asthma E2AN In-Person Meeting  
Arlington, Virginia
- 2015 Showing and Telling Life with Asthma- Patients Teaching Clinicians What They Know  
and What They Need / Keynote/Plenary Address  
PCORI Asthma E2AN In-Person Meeting  
Arlington, Virginia
- 2015 New Research Methodologies in Studying Digital Media and Adolescents / Lecture -  
Author  
Digital Media and Developing Minds Conference  
Irvine, California
- 2016 Children's@Home: Social Media Connecting, Building, Community, and  
Crowdsourcing Care / Oral Presentation - Presenter  
Society for Adolescent Health and Medicine Workshop
- 2016 Sexting, Media and Teens: Advice in the Office Children's@Home: SOcial Media  
Connecting, Building Community, and Crowdsourcing Care / Oral Presentation -

- Author (Selected Oral Abstract)  
Society for Adolescent Health and Medicine Workshop  
Washington, District of Columbia
- 2017 Iris F. Litt Visiting Professor / Lecture - Invited Speaker (Selected Oral Abstract)  
Society for Adolescent Health and Medicine  
New Orleans, Louisiana
- 2017 Constantly connected: The impact of media on children and teens / Grand Rounds -  
Invited Speaker  
Children's Minnesota Grand Rounds  
Minneapolis, Minnesota
- 2017 Innovative Methods for Studying Children's Media Use in the New Digital Environment  
/ Lecture - Co-Author  
International Communications Association Annual Conference  
San Diego, California
- 2017 Copyright Curriculum: From the Cloud to the Classroom / Roundtable Discussion  
Presentation - Presenter  
Comcast Safety Advisory Council Meeting  
Washington, D.C., District of Columbia
- 2018 Problematic Interactive Media Use Workshop / Workshop - Author & Presenter  
Society for Adolescent Health and Medicine  
Seattle, Washington
- 2018 Society for Adolescent Health and Medicine Hot Topic Presentation / Oral  
Presentation - Presenter  
Society for Adolescent Health and Medicine Annual Conference 2018  
Seattle, Washington
- 2019 Kids in the Digital Age / Oral Presentation - Invited Speaker (Selected Oral Abstract)  
CORE: NYC with Private Medical  
Private Medical  
New York City, New York
- 2019 Problematic Media Use in Youth / Oral Presentation - Invited Speaker (Selected Oral  
Abstract)  
Private Medical Fall Salon Event  
Private Medical  
Silicon Valley, California
- 2019 Controversies in Pediatrics: Social Media: Friend or Foe? / Oral Presentation - Invited  
Speaker (Selected Oral Abstract)  
American Academy of Pediatrics National Conference and Exhibition  
New Orleans, Louisiana
- 2020 Healthy Development and Technology / Keynote/Plenary Address - Invited Speaker  
The Future of Childhood Consortium  
Joan Ganz Cooney Center at Sesame Workshop  
New York City, New York (Joan Ganz Cooney Center at Sesame Workshop)  
*This presentation was scheduled, but then cancelled because of a Covid-19  
travel/meeting ban*

- 2020 About the Digital Wellness Lab / Keynote/Plenary Address - Invited Speaker  
The Future of Childhood Consortium  
Joan Ganz Cooney Center at Sesame Workshop  
New York City, New York (Joan Ganz Cooney Center at Sesame Workshop)  
*This presentation was scheduled, but then cancelled because of a Covid-19 travel/meeting ban*
- 2020 Media and Positive Use / Oral Presentation - Presenter  
South by Southwest  
SXSW  
Austin, Texas (SXSW)  
*This presentation was scheduled, but then cancelled because of a Covid-19 travel/meeting ban*
- 2020 Dig / Keynote/Plenary Address - Invited Speaker  
Facebook Safety Summit  
Facebook  
New York City, New York (Facebook)
- 2020 About the Center on Media and Child Health / Oral Presentation - Invited Speaker  
ICONIQ Capital Internal Meeting  
ICONIQ Capital  
San Francisco, California (ICONIQ Capital)
- 2020 Early Childhood Educator's Concerns About Home Learning / Oral Presentation - Invited Speaker  
International Society for Technology in Education  
International Society for Technology in Education  
Honolulu, Hawaii
- 2020 Physically Distanced, Socially Connected - Parents and children staying productive, sane and healthy in the COVID-19 lockdown / Oral Presentation - Invited Speaker  
IEEE Tech Talk: Student and Child Data Privacy  
The Institute of Electrical and Electronics Engineers, Inc.  
New York City, New York
- 2020 Media and Mental Health / Oral Presentation - Invited Speaker  
Children's Mental Health for Primary Care: The School Age Years  
Children's Minnesota  
St. Paul, Minnesota  
*This presentation was scheduled, but then postponed until 2021 because of a Covid-19 travel/meeting ban.*
- 2020 Dealing with Screen Time Challenges / Oral Presentation - Invited Speaker  
StayAtHome Series  
Trend Micro – Internet Safety for Kids & Families Program  
Irving, Texas (Trend Micro – Internet Safety for Kids & Families Program)
- 2020 Parenting in a Shifting World: What to Do and When to Worry / Oral Presentation - Invited Speaker (Selected Oral Abstract)  
CORE: NYC with Private Medical  
Private Medical  
New York City, New York (Private Medical)

- 2020 Digital Wellness and the Family Digital Wellness Guide / Oral Presentation - Invited Speaker  
Facebook Live event with Congresswoman Wexton and Representative Raskin  
Congresswoman Wexton and Representative Raskin  
Washington, District of Columbia (Congresswoman Wexton and Representative Raskin)
- 2020 Family Digital Wellness Guide Presented / Oral Presentation - Invited Speaker  
ConnectSafely – Facebook Live Event  
ConnectSafely  
Palo Alto, California (ConnectSafely)
- 2020 Family Digital Wellness Guide Presented / Oral Presentation - Invited Speaker  
FOSI Parenting Webinar  
Family Online Safety Institute  
Washington, District of Columbia (Family Online Safety Institute)
- 2020 Gaming and Mental Health / Oral Presentation - Invited Speaker  
Roblox Developer's Conference  
Roblox Corporation  
San Mateo, California (Roblox Corporation)
- 2020 Media and Health / Keynote/Plenary Address - Invited Speaker  
Cottage Children's Medical Center  
Cottage Children's Medical Center  
Santa Barbara, California
- 2020 Digital Wellness / Oral Presentation - Invited Speaker  
PathNorth Community Meeting  
PathNorth  
Washington, District of Columbia (PathNorth)
- 2020 Digital Wellness / Oral Presentation - Invited Speaker  
Trend Micro Cares Webinar  
Trend Micro  
Irving, Texas (Trend Micro)
- 2020 Digital Wellness / Oral Presentation - Invited Speaker  
DCWW Forward Culture  
Disney Channels Worldwide  
Burbank, California (Disney Channels Worldwide)
- 2021 Debate: Are Problematic Screen Habits a Behavioral Addiction? / Debate - Presenter  
American Academy of Child & Adolescent Psychiatry
- 2021 My Kid's Always Online, But What Can I Do About It? / Oral Presentation - Presenter  
American Academy of Child & Adolescent Psychiatry
- 2021 Wellbeing & Social Technology / Lecture - Invited Speaker  
Aspen Institute  
Washington, District of Columbia
- 2021 Technology's Positive Role in Child Development / Oral Presentation - Panelist

## Family Online Safety Institute Annual Conference 2021

International

- 2000 Hospital for Sick Children – Visiting Professorship  
University of Toronto  
Ontario, Canada
- 2000 Visiting Professor / Oral Presentation - Presenter  
Hospital for Sick Children at University of Toronto  
Toronto, Canada
- 2001 Video Intervention/Prevention Assessment (VIA) / Keynote/Plenary Address -  
Presenter  
Advances in Qualitative Methods International  
Edmonton, Canada
- 2001 Visual Data Analysis: Video Intervention/Prevention Assessment (VIA) / Oral  
Presentation - Presenter  
QSR International  
Melbourne, Australia
- 2001 Understanding Illness from the Patient's Perspective: Video Intervention/ Prevention  
Assessment (VIA) / Grand Rounds - Presenter  
Royal Children's Hospital  
Melbourne, Australia
- 2001 Visiting Professor / Oral Presentation - Presenter  
Royal Children's Hospital  
Melbourne, Australia
- 2002 Analyzing Audiovisual Data – Invited Presentation  
University of London  
London, England
- 2002 Video Intervention/Prevention Assessment (VIA) – Invited Presentation  
University of London  
London, England
- 2002 Media and Child Health: Peril and Promise-Video Intervention/Prevention Assessment  
(VIA) / Oral Presentation - Presenter  
University of London  
Melbourne, Australia
- 2003 Effects of Media on Children and Adolescents / Keynote/Plenary Address - Invited  
Speaker (Selected Oral Abstract)  
Second International Congress on the Media  
Mexico City, Mexico
- 2008 MediaSmart School: Media Literacy as Health Intervention / Research Presentation -  
Invited Speaker (Selected Oral Abstract)  
International Communication Association  
Montreal, Canada
- 2008 Patient Centered Research / Lecture - Invited Speaker (Selected Oral Abstract)

- National Arts Centre Foundation Roundtable on Media, Communications and Technology: Healthy Mental Development for Children and Youth  
Ottawa, Ontario, Canada
- 2008 Creativity and Mental Health / Lecture - Invited Speaker (Selected Oral Abstract)  
Norlien Foundation  
Calgary, Alberta, Canada
- 2008 Mastering the Matrix: Media and Child Health / Lecture - Invited Speaker (Selected Oral Abstract)  
Norlien Foundation  
Calgary, Alberta, Canada
- 2009 Screen Teens: Risk and Opportunity for Adolescents in the Media / Keynote/Plenary Address - Invited Speaker (Selected Oral Abstract)  
(Age, Media and Healthy Development in Adolescence Conference  
Hong Kong, China
- 2010 Video Games: What You Need to Know / Lecture - Invited Speaker (Selected Oral Abstract)  
47th Annual International Conference  
Learning Disabilities of America  
Baltimore, Maryland
- 2010 What Can We Learn from the Media about Promoting Health to Young People / Lecture - Invited Speaker (Selected Oral Abstract)  
Association for Young People's Health Annual Conference  
Manchester, England
- 2010 Symposium on Media Use and Children's Wellbeing / Lecture - Leader (Selected Oral Abstract)  
The Harvard-Australia Symposium on Media Use and Children's Well-being  
Adelaide, Australia
- 2011 The Teenage Brain / Lecture - Invited Speaker (Selected Oral Abstract)  
September Symposia  
Growing Up Digital, Wired for Distraction  
Amsterdam, Netherlands
- 2011 My Voice, My Vision! How Adolescent Visual Narratives Can Be Informative and Therapeutic / Lecture - Invited Speaker (Selected Oral Abstract)  
UNGT/Conference at the National Hospital  
Copenhagen, Denmark
- 2012 Connecting or Sexting, Learning or Addicted: Interactive Media and Child Health / Oral Presentation - Presenter  
E.S.S.E. Mundo Digital Conference  
Rio de Janeiro, Brazil
- 2012 Promise & Peril: The Impact of Technology on Children, Schools, and Communities / Oral Presentation - Presenter  
Invitational Research Colloquium  
Edmonton, Canada
- 2012 The Impact of Exposure to Screens and Child & Youth Health / Oral Presentation -

Presenter  
 Journées Annuelles de Santé Publique  
 Montreal, Canada

- 2012 Connectedness Amidst Connectivity: Learning, Relating, and Creating in the Digital Age / Oral Presentation - Presenter  
 Research Colloquium  
 Alberta, Canada
- 2013 Treating an Illness Yet to be Defined: How Clinicians Can Diagnose and Manage Technology Addiction Despite the DSM-5 / Oral Presentation - Presenter  
 International Conference on Technology Addiction  
 Istanbul, Turkey
- 2013 Treating an Illness Yet to Be Defined: How Clinicians Can Diagnose and Manage Technology Addiction Despite the DSM-5 / Oral Presentation  
 International Conf. on Tech Addiction  
 The 2nd International Congress on Technology Addiction (2nd ICTA)  
 Istanbul, Turkey
- 2014 Managing an Academic Research Career / Oral Presentation - Presenter  
 Dept. of Family Relations at the University of Guelph  
 Ontario, Canada
- 2014 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Oral Presentation - Presenter  
 Harshman Lecture at the University of Guelph  
 Ontario, Canada
- 2014 Connectedness Amidst Connectivity: Learning, Relating and Creating in the Digital Age / Oral Presentation  
 Second Alberta Research Colloquium  
 Alberta Teachers' Association  
 Alberta, Canada
- 2014 Translating research knowledge to empower science-based parenting in the Digital Age: The experience of the Center on Media and Child Health / Oral Presentation - Author (Selected Oral Abstract)  
 International Communication Association  
 Seattle, Washington
- 2014 Communicating Research to the Community: The Good Life for Everyone / Oral Presentation  
 ICA Conference  
 International Communication Association  
 Seattle, Washington
- 2014 Managing an Academic Research Career / Lecture  
 Dept. of Family Relations and Human Development  
 Guelph, Ontario, Canada
- 2014 Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens / Lecture - Invited Speaker  
 Harshman Lecture Series

University of Guelph  
Guelph, Ontario, Canada

- 2015 Media Use and Depression: Exposure, Household Rules, and Symptoms among Young Adolescents / Oral Presentation - Presenter  
ICA Conference  
San Juan, Puerto Rico/US
- 2015 Sexually Explicit Internet Material and Adolescents' Sexual Attitudes and Behavior / Oral Presentation - Presenter  
ICA Conference  
San Juan, Puerto Rico/US
- 2015 Development of the Internet Addiction Risk Factor Scale for Adolescents (IARFS-A) / Lecture - Invited Speaker (Selected Oral Abstract)  
International Conference of the Internet Addiction Prevention and Treatment  
China-Asia Association University  
Taiwan
- 2015 Education, Safety, Health and Ethics / Oral Presentation - Presenter  
National Congress on Digital Education  
San Paulo, Brazil
- 2015 Education, Safety, Health, and Ethics (This digital world) / Oral Presentation - Invited Speaker  
National Congress on Digital Education  
Rio de Janeiro, Brazil
- 2015 Media Use and Depression: Exposure, Household Rules, and Symptoms Among Young Adolescents / Lecture  
ICA Conference  
San Juan, Puerto Rico/US
- 2015 Sexually Explicit Internet Material and Adolescents' Sexual Attitudes and Behavior: Parallel Development and Directional Effects / Lecture  
ICA Conference  
San Juan, Puerto Rico/US
- 2015 From Pornography to Facebook: Sexual Beliefs, Behaviors, and Norms in the Digital Age / Lecture  
ICA Conference  
San Juan, Puerto Rico/US
- 2016 Learners in a Dangerous Time-Negotiating the Promises and Perils of Technology / Oral Presentation - Presenter  
Calgary City Teachers' Convention  
Calgary, Canada
- 2016 Rethinking Healthy Child and Adolescent Development in the Digital Age / Keynote/Plenary Address - Invited Speaker  
International Conference on Media, Internet, and Mental Health  
Taiwan
- 2017 "Brave and Scary New World" –How children's development can be affected by the screen media / Oral Presentation - Invited Speaker

- ECDSS- Drilling Deeper: Moving from Trauma to Resilience  
Edmonton, Canada
- 2017 Media and Violence / Lecture - Presenter  
Society for Adolescent Health and Medicine Visiting Professor Lecture  
Kingston, Jamaica
- 2017 Using the media as a source of intervention for health / Lecture - Presenter  
Society for Adolescent Health and Medicine Visiting Professor Lecture  
University of Wimonona  
Kingston, Jamaica
- 2017 Pros and Cons of Media use for Adolescents and Young Adults / Lecture - Presenter  
Society for Adolescent Health and Medicine Visiting Professor Lecture  
University of Wimonona  
Kingston, Jamaica
- 2017 Effective ways of using the media to engage with adolescents and young adults on  
health and social matters / Lecture - Presenter  
Society for Adolescent Health and Medicine Visiting Professor Lecture  
University of Wimonona  
Kingston, Jamaica
- 2017 Media as one of the main agents of socialization / Lecture - Presenter  
Society for Adolescent Health and Medicine Visiting Professor Lecture  
University of Wimonona  
Kingston, Jamaica
- 2017 The Media and My Child? Creating boundaries between the media and my child /  
Lecture - Presenter  
Society for Adolescent Health and Medicine Visiting Professor Lecture  
University of Wimonona  
Kingston, Jamaica
- 2017 The digital world of adolescents: peril and potential / Lecture - Presenter  
Mexico Pediatric Association Meeting  
Cancun, Mexico
- 2017 Media and Child Health Presentation / Oral Presentation - Presenter  
Mexico Pediatric Association Conference  
Mexico City, Mexico
- 2017 Media and Child Health Presentation / Oral Presentation - Invited Speaker  
CODAJIC: International Congress ADOLECA 2017  
Cienfuegos, Cuba
- 2017 Media and Child Health Presentation / Oral Presentation - Presenter  
IIAH Xith World Congress  
New Delhi, India
- 2017 Media and Child Health Presentation / Oral Presentation - Invited Speaker  
MiSK Schools Presentation  
Riyadh, Saudi Arabia
- 2018 Media and Child Health Presentation / Keynote/Plenary Address - Invited Speaker

- Alberta Teachers' Convention  
Alberta, Canada
- 2020      Balancing Technology / Oral Presentation - Invited Speaker  
Ever Active Schools  
Ever Active Schools  
Edmonton, Alberta, Canada
- 2020      Wellness in the Digital Age / Oral Presentation - Invited Speaker  
Indian Academy of Pediatrics Webinar  
Indian Academy of Pediatrics
- 2020      Global GUD / Keynote/Plenary Address - Invited Speaker  
Gonski Institute for Education  
Gonski Institute for Education  
Sydney, NSW, Australia (Gonski Institute for Education)  
*This presentation was scheduled, but then postponed until 2021 because of a Covid-19 travel/meeting ban.*
- 2020      Digital Wellness / Keynote/Plenary Address - Invited Speaker  
The International Association of Adolescent Health  
Lima, Peru
- 2021      Seminar on Social Media and the Medical Profession / Seminar - Panelist  
Hong Kong Academy of Pediatrics Annual Meeting  
Hong Kong Academy of Pediatrics  
Aberdeen, Hong Kong, China
- 2021      Investigating Reading in Children's Daily Lives: The Role of Screen Media, Parental Presence and Location / Paper - Author & Presenter (Selected Oral Abstract)  
SRCD Virtual Biennial Meeting
- 2021      Problematic Interactive Media Use (PIMU): A Pediatric Pandemic? / Lecture - Invited Speaker  
Biological and Medical Impact of Social Media  
Senate of Chile, Columbia NeuroRights Initiative and National Institute on Drug Abuse  
Chile

## **Report of Clinical Activities and Innovations**

### **Current Licensure and Board Certification**

- 1992 -      Diplomate, National Board of Medical Examiners  
Present
- 1994 -      Diplomate, American Board of Pediatrics, General Pediatrics  
Present
- 1996 -      Commonwealth of Massachusetts Board of Registration in Medicine  
Present
- 1997 -      Diplomate, American Board of Pediatrics, Sub-board in Adolescent Medicine  
Present

2018 - Present      Controlled Substance License  
The Commonwealth of Massachusetts

### Practice Activities

1994 - 1995	Ambulatory Care	Adolescent/Young Adult Medical Practice, Boston Children's Hospital	8 clinical sessions/wk, 12 weeks call/yr
1995 - 1996	Ambulatory Care	Adolescent/Young Adult Medical Practice, Boston Children's Hospital	4.5 clinical sessions/wk, 10 weeks call/yr
1995 - 2011	Staff Physician	Outpatient Adolescent/Young Adult Care, Bentley College	1 clinical session/wk
1996 - 1997	Ambulatory Care	Adolescent/Young Adult Medical Practice, Boston Children's Hospital	5 clinical sessions/wk, 7 weeks call/yr
1997 - 1998	Ambulatory Care	Adolescent/Young Adult Medical Practice, Boston Children's Hospital	3 clinical sessions/wk, 7 weeks call/yr
1999 - Present	Physician	Adolescent/Young Adult Medical Practice, Boston Children's Hospital	1.5 to 7 clinical sessions/wk, 7 weeks call/yr

### Clinical Innovations

Video Intervention/Prevention Assessment (VIA) (1994 - 2009)	I was the founder of the innovative Video Intervention/Prevention Assessment (VIA), which was the first to loan video cameras to adolescent and young adult patients with chronic illnesses and asking them to “teach us” what it is like to live with their condition. The signature VIA method encouraged self-expression among young patients and shifted the locus of control from the doctor to the patient. This kind of partnering between patient and clinician in healthcare was the first of its kind, seeing the patient as the “expert” of their condition. Creating video illness narratives for clinicians to witness encouraged ownership of one’s diagnosis and improved health outcomes. Clinicians learned more about the daily realities of living with illness through the window that VIA created. Topics covered include asthma, obesity, cystic fibrosis, HIV, and spina bifida.
Open Up: Management of Asthma in the Adolescent (1995)	Co-developed patient evaluation and education materials for the Adolescent/Young Adult Medical Practice at Boston Children's Hospital.
Children's at Home (2010 - Present)	Developed a social media-based visual illness narratives that allow patients to connect, develop a community of shared experience, and crowd-source everyday solutions for illness-related challenges.
Clinician Toolkit (2014 - Present)	This toolkit contains the research, anticipatory guidance, and patient education materials clinicians need to inform their patients about the effects

of media on their health, instruct them on how to best use media, and help prevent them from developing problematic media use behaviors by providing guidance, tips and tools that they can use in their everyday lives.

Clinic for Interactive Media and Internet Disorders (CIMAID) - Boston, MA (2017 - Present)

Created a multidisciplinary team that have been evaluating and treating increasing numbers of children, adolescents, and young adults in the clinic whose excessive online activities have caused problems with sleep, school, social functioning, and various aspects of physical and mental health. The CIMAID team can help address and reduce the negative consequences of PIMU, while helping the children, adolescents, and young adults in clinical practices adopt and sustain healthy lifestyles and behaviors. CIMAID has received national news coverage, and both clinicians and patients from across America, as well as internationally, have expressed interest in the clinic.

### **Report of Teaching and Education Innovations**

Ask the Mediatrician (2009 - Present)

In CMCH's online advice column, readers ask questions that run the gamut from "Is it okay for my toddler to watch the same Sesame Street movie over and over?" to "My 16-year-old is playing World of Warcraft and won't leave his room—what do I do?" The Mediatrician® (Dr. Michael Rich and the CMCH Translation Team) respond to each question with a warm, caring, research-based answer, addressing the positives and negatives of situations that range from medically serious to downright humorous. They recommend practical solutions to problems that parents have never before faced.

### **Report of Education of Patients and Service to the Community**

#### **Activities**

Those activities below sponsored by 3rd parties/outside entities are so noted and the sponsor(s) is identified.

1997	"Enough is Enough" Radio Show Guest / Guest Speaker (WJMN 94.5 FM)
1997	Dimock Community Health Center / Guest Speaker "Don't Let Asthma Keeping You from Going for the Gold!"
1998	Division of School Health / Columnist (Massachusetts Department of Public Health) "News in School Health"
1998	Office of the Eastern District Attorney / Committee Chair Participated in Flashpoint, Media Literacy Initiative
1999	WINGS Program / Consulting Physician (Winsor School)
2000	Chicago City Council, Chicago, Illinois / Invited Lecture "The effects of Violent Video Games on Child and Adolescent Health"
2000	National Parent Teacher Association Annual Convention, Chicago, Illinois / Invited Lecture "Ratings and Entertainment Media: Parents Taking Charge"
2003	Institute of Contemporary Art, Boston MA / Invited Lecture Presenter and Discussant Presenter at Program on Patient-Doctor

relationships

- 2006 Buckingham, Browne and Nichols School, Cambridge, MA / Invited Lecture  
"Media and Child Health: Peril and Promise"
- 2006 St. Peter's School, Westchester, PA / Invited Lecture  
"Media and Child Health: Peril and Promise"
- 2007 Marblehead Area Parents, Marblehead, MA / Invited Lecture  
"Media and Child Health: Peril or Promise?"
- 2007 Milford Library, Boston Children's Hospital Center on Media and Child Health / Invited Lecture  
"TV, Video Games, and the Internet: Are We Helping or Hurting Our Children?"
- 2008 North Shore Country Day School, Chicago, Illinois / Invited Lecture  
"Mastering the Matrix: Raising Healthy, Successful Children in the Media Age"
- 2009 Morristown Memorial Hospital, Morristown, New Jersey / Invited Lecture  
"Media on Child Health: Peril and Potential"
- 2009 National Webinar, Education.com / Guest Speaker  
"Parenting in the Digital World: Raising Kids that Thrive On- and Off-line"
- 2010 Burlington Mall in Burlington, MA / Invited Lecture  
"Ask the Mediatrix" Public Service Event for the Members of the Community
- 2010 St. Paul's School, Concord, New Hampshire / Invited Lecture  
"What Do You View as the Responsibility of Media Producers? Media Consumers?"
- 2011 Brookline High School, Brookline MA / Invited Lecture  
"Effect of Media on Children's Health"
- 2011 Driscoll School, Brookline, MA / Invited Lecture  
"Baby Einstein and Cyberbullying: Growing up in the Digital Age"
- 2011 Forty Carrots School, Sarasota, Florida / Invited Lecture  
"The Digital Dilemma: Birth-Middle School"
- 2012 Cyber Campaign with MA Attorney General Martha Coakley / Invited Lecture
- 2012 Wellesley Free Library, Wellesley, MA / Invited Lecture  
"Connecting or Sexting, Learning or Addicted: Media and Adolescent Health"
- 2012 Weston Public Schools, Weston, MA / Invited Lecture  
"The Impact of Technology on Our Kids' Lives"
- 2012 Weston Public Schools, Weston, MA / Invited Lecture  
"Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens"

- 2013 Derby Academy, Hingham, MA / Invited Lecture  
"The Impact of Media and Technology on Your Child"
- 2013 Georgetown Day School, Washington, D.C. / Invited Lecture  
"Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens"
- 2013 Jewish Community Center, Newton, MA / Invited Lecture  
"Impact of Technology of You and Your Family"
- 2013 Massachusetts Mothers of Twins, Natick, MA / Invited Lecture  
"World Wide Woodstock (without the mud): Finding Peace and Loving in the Digital Age"
- 2013 WGBH, Boston's Public Radio / Guest Speaker  
"Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens"
- 2014 Concord Middle School, Concord, NH / Invited Lecture  
"Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens"
- 2014 Shady Side Academy, Pittsburgh, PA / Invited Lecture  
"Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens"
- 2014 The Field School, Weston, MA / Invited Lecture  
"Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens"
- 2015 Greenwich Country Day School, Greenwich, Connecticut / Invited Lecture  
"Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens"
- 2015 John Thomas Dye School, Los Angeles, CA / Invited Lecture  
"Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens"
- 2015 Marblehead High School, Marblehead, MA / Invited Lecture  
"Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens"
- 2015 Stony Brook Middle School, Westford, MA / Invited Lecture  
"Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens"
- 2017 Dallas Episcopal School, Dallas, Texas / Invited Lecture  
"Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens"
- 2017 Education is Key Breakfast at Glazer Children's Museum, Tampa, Florida / Keynote Address  
"Finding Huck Finn: Reclaiming Childhood from a River of Electronic Screens"

- 2019 Common Ground Speaker Series, San Jose, California / Guest Speaker  
"ScreenSmart: Best Practices for Media-Wise Families"
- 2019 Diane Sawyer Reporting / Interviewee (ABC News)  
Interviewed for "ScreenTime," a 2-hour special by Diane Sawyer  
Reporting
- 2019 ABC News 20/20 / Interviewee
- 2019 Cook Memorial Library / Invited Lecture
- 2019 WESH 2-TV Orlando with Adrian Whitsett / Interviewee
- 2019 20/20 / Interviewee (ABC News)  
Interviewed for "The Wicked," an ABC 20/20 special about Slender Man
- 2019 Take Care / Interviewee  
NPR-affiliate health and wellness show.
- 2019 The Rashi School Lecture Series / Invited Lecture  
"Media and Child Health: What We Know, What We Need to Know"
- 2019 HealthDay / Interviewee
- 2019 American Academy of Pediatric Dentistry's Podcast / Guest Speaker
- 2020 MiudosSegurosNa.Net (KidsSafeOnThe.Net) / Guest Speaker  
Presented "SMARTPHONES AND SNAPCHAT AND SEXTING, OH MY!  
Interactive Media Use Among Youth" for 90 minutes via Facebook Live  
Event
- 2020 Buckingham, Browne & Nichols School, Cambridge, MA / Invited Lecture  
Media and Child Health
- 2020 Private Medical / Guest Speaker  
Presented "About CMCH"
- 2020 ICONIQ / Guest Speaker  
Presented "About CMCH"
- 2020 ISTE Hawaii Early Learning Network / Guest Speaker  
Presented "Addressing early childhood educator's concerns about home  
learning"
- 2020 IEE Learning Network / Guest Speaker  
Presented "Physically distanced, socially connected"
- 2020 Boston Children's Hospital's Ask the Expert / Guest Speaker  
Presented "Screentime"
- 2020 PPOC / Invited Lecture  
Presented "Recognizing and treating PIMU"
- 2020 Trend Micro's Internet Safety for Kids & Families Program / Guest  
Speaker  
Presented "Dealing with screen time challenges"
- 2020 Private Medical / Guest Speaker

	Presented "Parenting in a shifting world: What to do and when to worry"
2020	Boston Children's Hospital Cystic Fibrosis Webcast / Guest Speaker Presented "Digital wellness"
2020	Ever Active Schools / Guest Speaker Presented "Balancing technology"
2020	Westwood Mansfield Pediatrics Group's Facebook Live / Guest Speaker Presented "Family Digital Wellness Guide"
2020	USI / Invited Lecture (USI) About the Digital Wellness Lab
2021	Acalanes High School / Guest Speaker Ask the Mediatrician
2021	Hopelab / Guest Speaker Screens during COVID: A balanced approach to kids' technology use
2021	SPEAK SF Head of School Tea Event for Screentime During the Pandemic / Guest Speaker
2021	YMCA Pop Culture Hero Facebook Live Event / Guest Speaker
2021	Trend Micro's Internet Safety for Kids & Families Program / Guest Speaker Presented "Dealing with screen time challenges"

## **Report of Scholarship**

### **Peer-Reviewed Scholarship in print or other media**

#### **Research Investigations**

1. DuRant RH, **Rich MO**, Emans J, Rome ES, Allred E, Woods E. Violence and weapon carrying in music video: A content analysis. Arch Pediatr Adolesc Med. 1997 May; 151(5): 443-448. PubMed PMID: 9158434.
2. DuRant RH, Rome ES, **Rich MO**, Allred E, Emans J, Woods E. Tobacco and alcohol use behaviors portrayed in music videos: A content analysis. Am J Public Health. 1997 Jul; 87(7): 1131-1135. PubMed PMID: 9240102.
3. **Rich MO**, Woods E, Goodman E, Emans J, DuRant RH. Aggressors or victims: Gender and race in music video violence. Pediatrics. 1998; 101(4 (Part 1)): 669-674. PubMed PMID: 9521954.
4. **Rich MO**, Chalfen R. Showing and telling asthma: Children teaching physicians with visual narratives. Visual Sociology. 1999; 14(1999 - Issue 1): 51-71.
5. **Rich MO**, Ginsburg KR. The reason and rhyme of qualitative research: Why, when, and how to use qualitative methods in the study of adolescent health. J Adolesc Health. 1999 Dec; 25(6): 371-378. PubMed PMID: 10608576.

6. **Rich MO**, Lamola S, Amory C, Schneider L. Asthma in life context: Video Intervention/Prevention Assessment (VIA). *Pediatrics*. 2000; 105(3 Pt 1): 469-477. PubMed PMID: 10699095.
7. **Rich MO**, Taylor SA, Chalfen R. Illness as a social construct: understanding what asthma means to the patient to better treat the disease. *Joint Commission Journal on Quality Improvement*. 2000; 26(5): 244-253. PubMed PMID: 18350769.
8. **Rich MO**, Lamola S, Gordon J, Chalfen R. Video intervention/prevention assessment: a patient-centered methodology for understanding the adolescent illness experience. *J Adolesc Health*. 2000 Sep 1; 27(3): 155-65. PubMed PMID: 10960213.
9. **Rich MO**, Bar-on ME. Child health in the Information Age: Media education of pediatricians. *Pediatrics*. 2001; 107(1): 156-162. PubMed PMID: 11134449.
10. **Rich MO**, Patashnick JL, Huecker D, Ludwig D. Living with obesity: Visual narratives of overweight adolescents. *J Adolesc Health*. 2002; 30(2): 100.
11. **Rich MO**, Patashnick J. Narrative research with audiovisual data: Video Intervention/Prevention Assessment (VIA) and NVivo. *Int J Soc Res Methodol*. 2002; 5(3): 245-261.
12. Landgraf JM, **Rich MO**, Rappaport L. Measuring quality of life in children with attention-deficit/hyperactivity disorder and their families: development and evaluation of a new tool. *Arch Pediatr Adolesc Med*. 2002 Apr 1; 156(4): 384-391. PubMed PMID: 11929374.
13. Trent ME, **Rich MO**, Austin S, Gordon CM. Quality of life in adolescent girls with polycystic ovary syndrome. *Arch Pediatr Adolesc Med*. 2002 Jun 1; 156(6): 556-60. PubMed PMID: 12038887.
14. **Rich MO**, Patashnick J, Chalfen R. Visual illness narratives of asthma: explanatory models and health-related behavior. *Am J Health Behav*. 2002 Nov 1; 26(6): 442-453. PubMed PMID: 12437019.
15. Trent ME, **Rich MO**, Austin S, Gordon CM. Fertility concerns and sexual behavior in adolescent girls with polycystic ovary syndrome: implications for quality of life. *J Pediatr Adolesc Gynecol*. 2003 Feb 1; 16(1): 33-7. PubMed PMID: 12604144.
16. **Rich MO**. Health Literacy via Media Literacy. *Am Behav Sci*. 2004; 48(2): 165-188.
17. Chalfen R, **Rich MO**. Applying visual research: Patients teaching physicians about asthma through visual illness narratives. *Visual Anthropology Review*. 2004 Mar; 20(1): 17-30.
18. Handelman L, **Rich MO**, Bridgemohan C, Schneider L. Understanding pediatric inner-city asthma: an explanatory model approach. *J Asthma*. 2004 Apr 1; 41(2): 167-77. PubMed PMID: 15115169.
19. Buchbinder MH, Detzer MJ, Welsch RL, Christiano AS, Patashnick JL, **Rich MO**. Assessing adolescents with insulin-dependent diabetes mellitus: a multiple perspective pilot study using visual illness narratives and interviews. *J Adolesc Health*. 2005 Jan 1; 36(1): 71.e9-13. PubMed PMID: 15661602.
20. Patashnick JL, **Rich MO**. Researching human experience: Video Intervention/Prevention Assessment (VIA). *Australasian Journal of Information Systems*. 2005; 12(2): 103-111.

21. **Rich MO**, Polvinen J, Patashnick JL. Visual narratives of the pediatric illness experience: Children communicating with clinicians through video. *Child Adolesc Psychiatr Clin N Am*. 2005; 14(3): 571-587. PubMed PMID: 15936674.
22. Trent M, Austin S, **Rich MO**, Gordon CM. Overweight status of adolescent girls with polycystic ovary syndrome: body mass index as mediator of quality of life. *Ambul Pediatr*. 2005 Mar 1; 5(2): 107-11. PubMed PMID: 15780012.
23. Bickham D, **Rich MO**. Is television viewing associated with social isolation? Roles of exposure time, viewing context, and violent content. *Arch Pediatr Adolesc Med*. 2006; 160(4): 387-92. PubMed PMID: 16585484.
24. **Rich MO**, Lamola S, Woods E. Effects of creating visual illness narratives on quality of life with asthma: a pilot intervention study. *J Adolesc Health*. 2006 Jun 1; 38(6): 748-52. PubMed PMID: 16730605.
25. Richmond T, Field A, **Rich MO**. Can neighborhoods explain racial/ethnic differences in adolescent inactivity? *Int J Pediatr Obes*. 2007; 2(4): 201-210. PubMed PMID: 17963123.
26. Shrier DK, Zucker AN, Mercurio AE, Landry LJ, **Rich MO**, Shrier L. Generation to generation: discrimination and harassment experiences of physician mothers and their physician daughters. *J Womens Health (Larchmt)*. 2007 Jul 1; 16(6): 883-94. PubMed PMID: 17678459.
27. Schmidt ME, **Rich MO**, Rifas-Shiman SL, Oken E, Taveras EM. Television viewing in infancy and child cognition at 3 years of age in a US cohort. *Pediatrics*. 2009; 123(3): e370-e375. PubMed PMID: 19254972.
28. Chalfen R, Sherman L, **Rich MO**. VIA's visual voices: the awareness of a dedicated audience for voices in patient video narratives. *Visual Studies*. 2010; 25(3): 201-209.
29. Beran TN, Rinaldi C, Bickham D, **Rich MO**. Evidence for the need to support adolescents dealing with harassment and cyber-harassment: Prevalence, progression, and impact. *Sch Psychol Int*. 2012; 33(5): 562-576.
30. Primack BA, Carroll M, McNamara M, Klem ML, King B, **Rich MO**, Chan CW, Nayak S. Role of video games in improving health-related outcomes: a systematic review. *Am J Prev Med*. 2012; 42(6): 630-638. PubMed PMID: 22608382.
31. Bickham D, Blood E, Walls CE, Shrier L, **Rich MO**. Characteristics of screen media use associated with higher BMI in young adolescents. *Pediatrics*. 2013; 131(5): 935-941. PubMed PMID: 23569098.
32. Chung RJ, Sherman L, Goodman E, Bickham D, **Rich MO**. Exploring the perspectives of obese adolescent girls. *Qual Health Res*. 2013; 23(10): 1369-1376. PubMed PMID: 24043347.
33. Horky S, Sherman L, Polvinen J, **Rich MO**. Hearing the patient voice: Using video intervention/prevention assessment to understand teens with cystic fibrosis. *Patient Experience Journal*. 2014; 1(2): 104-116.

34. Doornwaard SM, Bickham D, **Rich MO**, Vanwesenbeeck I, van den Eijnden RJ, ter Bogt TF. Sex-related online behaviors and adolescents' body and sexual self-perceptions. *Pediatrics*. 2014; 134(6): 1103-1110. PubMed PMID: 25404728.
35. Doornwaard SM, Bickham D, **Rich MO**, ter Bogt TF, van den Eijnden RJ. Adolescents' use of sexually explicit Internet material and their sexual attitudes and behavior: Parallel development and directional effects. *Developmental Psychology*. 2015; 51(10): 1476-1488. PubMed PMID: 26376287.
36. Scherer EA, Bickham D, Shrier L, **Rich MO**. Evaluating Multiple Intensively Collected Media Use Measures: Validity and Reliability of Momentary Assessments. *Communication Methods and Measures*. 2015; 9(3): 170-187.
37. **Rich MO**, Bickham D, Shrier L. Measuring Youth Media Exposure: A Multimodal Method for Investigating the Influence of Media on Digital Natives. *American Behavioral Scientist*. 2015; 59(14): 1736-1754.
38. Bickham D, Hswen Y, **Rich MO**. Media use and depression: exposure, household rules, and symptoms among young adolescents in the USA. *International Journal of Public Health*. 2015; 60(2): 147-155.
39. Christensen CG, Bickham D, Ross C, **Rich MO**. Multitasking With Television Among Adolescents. *Journal of Broadcasting & Electronic Media*. 2015; 59(1): 130-148.
40. Akre C, Light A, Sherman L, Polvinen J, **Rich MO**. What young people with spina bifida want to know about sex and are not being told. *Child: Care, Health, and Development*. 2015; 41(6): 963-969.
41. **Rich MO**, Wartella E. Methodological advances in the field of media influences on children. *American Behavioral Scientist*. 2015 Dec; 59(14): 1731-1735.
42. Bickham D, Kavanaugh JR, **Rich MO**. Media effects as health research: how pediatricians have changed the study of media and child development. *Journal of Children and Media*. 2016; 10(2): 191-199.
43. Sherman L, Polvinen JK, Saxena MD, **Rich MO**. I'm going to tell you a little about myself: Illness centrality, self-image and identity in cystic fibrosis. *Patient Experience Journal*. 2017 Nov; 4(3): 95-103.
44. Akre C, Polvinen J, Ulrich NJ, **Rich MO**. Children's at Home: Pilot Study Assessing Dedicated Social Media for Parents of Adolescents with Neurofibromatosis Type 1. *Journal of genetic counseling*. 2018 Jan; 27(2): 505-517.
45. Bickham D, Hswen Y, Slaby RG, **Rich MO**. A Preliminary Evaluation of a School-Based Media Education and Reduction Intervention. *The journal of primary prevention*. 2018 Jun 1; 39(3): 229-245. PubMed PMID: 29721652.
46. Chatting or Snapchatting? Depressed Adolescents' Affect During Technology-enabled and In-person Social Interaction: *Journal of Adolescent Health*; 2019 Feb. S2 p.

47. Nereim C, Bickham D, **Rich MO**. A primary care pediatrician's guide to assessing problematic interactive media use. *Current opinion in pediatrics*. 2019 Apr 24. PubMed PMID: 31033606.
48. Pluhar E, Jhe G, Tsappis M, Bickham D, **Rich MO**. Adapting Dialectical Behavior Therapy for Treating Problematic Interactive Media Use. *Journal of psychiatric practice*. 2020 Jan 1; 26(1): 63-70. PubMed PMID: 31913973.
49. **Rich MO**. Can Smartphones Make Smart Kids? *Pediatrics*. 2020 Jan 1; 145(1). PubMed PMID: 31871243.
50. Hurwitz L, Bickham D, Moukalled S, **Rich MO**. Only So Many Hours in a Day: Early Childhood Screen Time in Boston and Mexico City: *International Journal of Communication*; 2020. 4014-4034 p.
51. 26.1 Parenting the Digital Native as Mentor and Mentee. *The Scientific Proceedings of the 68th Annual Meeting of the American Academy of Child & Adolescent Psychiatry. Virtual: The Scientific Proceedings of the 68th Annual Meeting of the American Academy of Child & Adolescent Psychiatry*; 2021. S39 p.
52. *Young People's Media Use and Remote Schooling Experiences during the COVID-19 Pandemic. Technology, Mind & Society. Washington, DC: Technology, Mind & Society 2021 Conference Proceedings*; 2021.
53. Ho F, Tung K, Wong R, Chan K, Wong W, Ho S, Lam T, Mirpuri S, Van Voorhees B, Fu K, Chow C, Chua G, Tso W, Jiang F, **Rich MO**, Ip P. An Internet quiz game intervention reduced alcohol drinking among 7,792 Hong Kong adolescents: A cluster randomised controlled trial. *Pediatrics*. 2021 Nov 29; 148(6): e2021051005.
54. Wong CKH, Wong RS, Cheung JPY, Tung KTS, Yam JCS, **Rich MO**, Fu KW, Cheung PWH, Luo N, Au CH, Zhang A, Wong WHS, Fan J, Lam CLK, Ip P. Impact of sleep duration, physical activity, and screen time on health-related quality of life in children and adolescents. *Health and quality of life outcomes*. 2021 May 12; 19(1): 145. PubMed PMID: 33980245; PubMed Central PMCID: PMC8117552.

## **Non-peer reviewed Scholarship in print or other media**

### **Reviews, chapters, monographs and editorials**

1. **Rich MO**. It's your shot! Immunization by basketball. *Annals of Epidemiology*. 1999; 9(7): 394-396.
2. **Rich MO**. Pediatricians should educate parents, youths about media's effects. *AAP News*. 1999; 1999(September): 28-29.
3. **Rich MO**, Bar-on ME. Teletubbies to Doom: What pediatric residents are taught about mass media. *Journal of Adolescent Health*. 2000; 26(2): 127.
4. **Rich MO**. For a child, every moment is a teachable moment. *Pediatrics*. 2001; 108(1): 179-180.
5. Austin S, **Rich MO**. Consumerism: Its impact on the health of adolescents. *Adolescent Medicine*. 2001 Oct; 12(3): 389-409.

6. **Rich MO**. Show is tell (b). *Narrative Inquiry*. 2002; 12(2): 405-412.
7. **Rich MO**. Show is Tell. In: Bamberg MGW, editor(s). *Considering counter-narratives : narrating, resisting, making sense*. Amsterdam/Philadelphia: John Benjamins Publishing. 2004. p. 151-158.
8. **Rich MO**. Sex screen: the dilemma of media exposure and sexual behavior. *Pediatrics*. 2005; 116(1): 329-331. Available from: <http://www.ncbi.nlm.nih.gov/pubmed/16001460>.
9. Schmidt ME, Bickham D, King BE, Slaby RG, Branner AC, **Rich MO**. The effects of electronic media on children ages zero to six: A history of research. Menlo Park (CA): Kaiser Family Foundation; 2005.
10. Ashby SL, **Rich MO**. Video killed the radio star: the effects of music videos on adolescent health. *Adolescent Medicine Clinics*. 2005; 16(2): 371-393.
11. Anderson DR, Bryant J, Murray JP, **Rich MO**, Rivkin M, Zillmann D. Brain imaging – An introduction to a new approach to studying media processes and effects. *Media Psychology*. 2006; 8(1): 1-6.
12. Schmidt ME, **Rich MO**. Media and child health: pediatric care and anticipatory guidance for the information age. *Pediatr Rev*. 2006; 27(8): 289-98.
13. **Rich MO**. Is Television Healthy? The Medical Perspective. In: Pecora, Norma; Murray, John P.; Wartella, Ellen A., editor(s). *Children and Television: 50 Years of Research*. Mahwah, NJ: Erlbaum. 2007. p. 109-148.
14. **Rich MO**. Pulling the Plug on Entertainment Industry Ratings: In Reply. *Pediatrics*. 2007; 119(6): 1261-1261.
15. **Rich MO**, King BE. Center on Media and Child Health: Scientific evolution responding to technological revolution. *Journal of Children and Media*. 2008; 2(2): 183-188.
16. Schmidt ME, Bickham D, Branner A, **Rich MO**. Media-Related Policies of Professional Health Organizations. In: Calvert, Sandra L.; Wilson, Barbara J., editor(s). *Blackwell Handbook of Child Development and the Media*: Blackwell. 2008. p. 503-526.
17. **Rich MO**. Rethinking and reframing media effects in the context of children's rights: a new paradigm. *Communication Research Trends*. 2009; 28(3): 7.
18. **Rich MO**. *Virtual Sexuality: The Influence of Entertainment Media on Sexual Behavior*. Washington, DC: National Campaign to Prevent Teen Pregnancy; 2009. 18-28 p.
19. **Rich MO**. E-mail intervention decreases online health risk references among adolescents. *The Journal of Pediatrics*. 2009 Jul 1; 155(1): 147. PubMed PMID: 19559306.
20. **Rich MO**, Chalfen R. Studying research capabilities of youth media: analyzing children's audiovisual expressions about health. In: Fisherkeller, J., editor(s). *International Perspectives on Youth Media: Cultures of Production & Education*. New York, NY: Peter Lang Publishing. 2010. p. 103-119.
21. Murray JP, Biggins B, Donnerstein E, Menninger RW, **Rich MO**, Strasburger V. A plea for concern regarding violent video games. *Mayo Clinic Proceedings*. 2011; 86(8): 818-820.

22. McKetta S, **Rich MO**. The fault, dear viewer, lies not in the screens, but in ourselves: relationships between screen media and childhood overweight/obesity. *Pediatric Clinics of North America*. 2011; 58(6): 1493-1508.
23. King BE, **Rich MO**. Using social media to empower parents in the Digital Age: Ask the Mediatrix. In: Vannini P, editor(s). *Popularizing research: Engaging new genres, media, and audiences*. New York, NY: Peter Lang Publishing, Inc. 2012. p. 157-162.
24. **Rich MO**. The medical community in the US: Treating media as an influence on health and development. In: Lemish, D, editor(s). *The Routledge International Handbook of Children, Adolescents, and Media*. New York, NY: Routledge. 2013. p. 451-458.
25. Jordan A, Romer D, **Rich MO**. Conclusion. In: Jordan AB, Romer D, editor(s). *Media and the Well-Being of Children and Adolescents*. 2014. p. 266-273.
26. **Rich MO**. Moving from child advocacy to evidence-based care for digital natives. *JAMA Pediatrics*. 2014; 168(5): 404-406.
27. **Rich MO**, Qureshi F. Nurturing the brains of digital natives. In: Grabowski, M, editor(s). *Neuroscience and Media: New Understandings and Representations*. New York, NY: Routledge Press. 2014. p. 15-28.
28. **Rich MO**, Strasburger VC. Reaching Teens: Strength-Based Communication Strategies to Build Resilience and Support Healthy Adolescent Development. In: Ginsburg KR, Kinsman SB, editor(s). *Reaching Teens Wisdom from Adolescent Medicine*. Elk Grove Village, IL: American Academy of Pediatrics. 2014. p. 455-462.
29. **Rich MO**. Conclusion. In: Handsley E, MacDougall C, Rich MO, editor(s). *Children's Wellbeing in the Media Age : Multidisciplinary Perspectives From the Harvard–Australia Symposium*. Leichardt, NSW (Australia): Federation Press. 2015. p. 243-247.
30. **Rich MO**. Pediatrics. In: Handsley E, MacDougall, C, Rich, MO, editor(s). *Children's Wellbeing in the Media Age: Multidisciplinary Perspectives from the Harvard–Australia Symposium*. Leichardt, NSW (Australia): Federation Press. 2015. p. 90-102.
31. Bickham D, Kavanaugh JR, Alden SA, **Rich MO**. The state of play: How play affects developmental outcomes: Center on Media and Child Health; 2015.
32. Rubenzahl L, Lavalley K, **Rich MO**. Using technology and media in early childhood settings. In: Lesaux, Nonie K; Jones, Stephanie M, editor(s). *The Leading Edge of Early Childhood Education: Linking Science to Policy for a New Generation*. Cambridge, MA: Harvard Education Press. 2016. p. 91-116.
33. Romer D, **Rich MO**. Adolescents in the digital age: Effects on health and development. *Media and Communication*. 2016 Jun; 4(3): 90-94.
34. **Rich MO**, Tsappis M, Kavanaugh JR. Problematic Interactive Media Use Among Children and Adolescents: Addiction, Compulsion, or Syndrome? In: Young KS, Nabuco de Abreu C, editor(s). *Internet Addiction in Children and Adolescents: Risk Factors, Assessment, and Treatment*. New York, New York (United States): Springer Publishing Company, 2017. p. 3-28.

35. Sobel K. Immersive Media and Child Development: Synthesis of a Cross-Sectoral Meeting on Virtual, Augmented, and Mixed Reality and Young Children. New York, NY: Joan Ganz Cooney Center; 2019.
36. Kavanaugh JR, Pluhar E, **Rich MO**. Managing electronic media use in the lives of adolescents. In: Ginsburg KR, McClain ZB, editor(s). Reaching Teens: Strength-based Communication Strategies to Build Resilience and Support Healthy Adolescent Development. Elk Grove Village, Illinois: American Academy of Pediatrics. Forthcoming 2019.
37. **Rich MO**, Lavalley K, Kavanaugh JR. Pediatric Perspectives on Media Literacy. In: Hobbs R, Mihailidis P, editor(s). The International Encyclopedia of Media Literacy. Hoboken, NJ: Wiley-Blackwell ICA. 2019.
38. Topale D, Nereim C, Lavalley K, **Rich MO**. The virtual world of adolescents. In: Ginsburg KR, McClain ZB, editor(s). Reaching Teens: Strength-based Communication Strategies to Build Resilience and Support Healthy Adolescent Development. Elk Grove Village, Illinois: American Academy of Pediatrics. Forthcoming 2019.
39. Tsappis M, Kavanaugh JR, **Rich MO**. ADHD, gaming disorder, and beyond. In: Schonwald, A, editor(s). ADHD in Adolescents: A Comprehensive Guide. New York, NY: Springer Nature. Forthcoming 2020.
40. Bediou B, **Rich MO**, Bavelier D. Digital Media and Cognitive Development. In: Burns, T. and F. Gottschalk, editor(s). Education in the Digital Age: Healthy and Happy Children. Paris (France): OECD Publishing. 2020.
41. **\*\*Bediou B, Rich MO, Bavelier D**. Digital media and cognitive development. In: Burns, T. and F. Gottschalk, editor(s). Education in the Digital Age: Healthy and Happy Children. Paris (France): Educational Research and Innovation, OECD Publishing. 2020.

**\*\*Mentee**

### **Professional Educational Materials or Reports in print or other media**

1. Web Teaching Material/Internet Database. **Rich MO**. Media Health Matters [Internet]. 2016. Available from: <http://cmch.tv/media-health-matters>. *Intended audience*: Parents. The monthly Center on Media and Child Health e-Newsletter, providing evidence-based tips for parents, published monthly between 2011 and 2016.
2. Web Teaching Material/Internet Database. **Rich MO**. Ask the Mediatrician [Internet]. 2017. Available from: <http://www.askthemediatrician.org>. *Intended audience*: Parents. Research-based answers for parents of the Media Age, in existence since 2009.
3. Web Teaching Material/Internet Database. **Rich MO**. Center on Media and Child Health [Internet]. 2017. Available from: <http://cmch.tv>. *Intended audience*: Parents and Clinicians. Website of the Center on Media and Child Health, in existence since 2002.
4. Web Teaching Material/Internet Database. **Rich MO**. VIA Project [Internet]. 2017. Available from: <http://viaproject.org>. *Intended audience*: Clinicians and Researchers. Website of Video Intervention/Prevention Assessment, in existence since 2002.

## Local/Unpublished Clinical Guidelines and Reports

1. Research Report. **Rich MO**. Adolescent health in the information age. Geneva (Switzerland): World Health Organization; 2014.

## Abstracts, Poster Presentations and Exhibits Presented at Professional Meetings

1. Bickham D, Moukalled S, **Rich MO**. 232. Dating App Use and Sexual Risk Behaviors: Examining Aspects of Use and Motivation. *Journal of Adolescent Health*. 2020; 66(2): s117-s118.
2. Nereim C, Bickham D, **Rich MO**. 234. Social Media and Adolescent Mental Health: Who You are and What You do Matter. *Journal of Adolescent Health*. 2020; 66(2): s118-s119.
3. Nereim, Yu Y, Moukalled S, Tsappis M, **Rich MO**. 96. Identifying Behavioral and Emotional Characteristics of Problematic Interactive Media Use Patients. *Journal of Adolescent Health*. 2021; 68(2): s25.

## Narrative Report

Throughout my career in Pediatrics and Adolescent Medicine, I have made important and substantial contributions to improving child and adolescent health through clinical care, investigation, and teaching. My area of excellence is Clinical Expertise and Innovation, with significant supporting activities of Investigation and Education of Patients and Service to the Community, all focusing on how the physical, mental, and social health of children are affected by the screen media they use and how they use them. I am internationally recognized for having developed the field of digital environmental health: investigating the positive and negative effects of screen media use on child and adolescent development, translating scientific evidence into practical action steps for clinicians, educators and families, characterizing, recognizing and treating Problematic Interactive Media Use (PIMU) and other media-related health conditions from obesity to anxiety, and innovating media tools and applications to research, promote, and provide child and adolescent health.

Over the past 30 years, I have developed a new clinical field of Media Health. Having come to medicine from a 12-year career as a filmmaker, I was sensitized to the positive and negative potentials of children's deep engagement with screens. I began seeing patients with media-related health issues, mostly obesity and anxiety. Asked to serve on the American Academy of Pediatrics (AAP) Committee on Communications, I developed and authored 4 AAP practice policy statements, including the 1999 "Media Education" policy that recommended discouraging use of television before age 2 (which raised public awareness of this health risk after appearing on the front page of the NY Times). With the dawning of the Digital Age, it was clear that reducing risk by avoiding screens was neither desirable nor possible. In 2002, bringing together my experience with screen media and my training in public health, I founded the Center on Media and Child Health (CMCH), an interdisciplinary center of excellence based at Boston Children's Hospital, to conduct, collect, and translate research how media affect health and translate it into clinical care and prevention. Bringing science to constantly evolving interactions among child health and development, the rapidly evolving media environment, and our resulting health-related behaviors, CMCH conducted key research and compiled international literature from more than 18 academic disciplines to build Media Health Effects, the only comprehensive research database on media and health, a resource used by clinicians and scientists around the world. CMCH science has formed the basis for reconceiving the AAP's media policies on a solid evidence base and for major technology and media producers like Apple, Facebook, Google and Comcast to transform their

products with child health and development in mind. Recognizing the rise in media-related physical and mental health conditions, in 2017 I founded the Clinic for Interactive Media and Internet Disorders (CIMAID) at which we have identified, characterized, treated, and developed preventive measures for Problematic Interactive Media Use (PIMU), a syndrome of dysfunctional gaming, social media, information bingeing and pornography use. In 2021, I transformed CMCH into the Digital Wellness Lab (DWL) by synergizing our research and clinical experience with the capabilities of tech companies such as (Facebook, Apple), entertainment (Disney, Sesame Workshop), and health insurance companies (Harvard Pilgrim Health Care, Tufts) to operationalize our findings and create a healthier digital environment.

As an innovator in clinical research, I built on my experience in media production to develop a novel health research methodology, Video Intervention/Prevention Assessment (VIA), which uses anthropological and psychological methods to analyze patient-created visual illness narratives (video diaries), investigating illness and health care "from the inside out" as experienced by the young people we serve. This patient-centered methodology, detailed in peer-reviewed medical and scientific journals, the Encyclopedia of Qualitative Research Methods, and research texts, has been utilized by scientists across the US and Europe to investigate the lived experience of young people with chronic health conditions. In 1998, I was awarded the Society for Adolescent Health and Medicine (SAHM) New Investigator Award for using VIA to investigate pediatric asthma, a study that generated the first paper to be published with video in *Pediatrics*. After using VIA to study the patient experience of obesity, cystic fibrosis, sickle cell disease, myelodysplasia, HIV, and transitioning to adult health care, it became clear that the act of creating and sharing illness experience narratives was measurably therapeutic and that visual illness narratives were rich educational material for clinicians, patients, and families.

To investigate associations between how children and youth use media and healthy development, I developed Measurement of Youth Media Exposure (MYME), a smartphone-based, individual-centered methodology that documents active and ambient media exposure in today's mobile, multi-screen environment. Using MYME, DWL has conducted prospective longitudinal studies of early childhood play and development in the US and Mexico. Now, with the Alberta Teachers Association and the University of New South Wales, we are using MYME to study media use and health behaviors among >3,000 children and adolescents in Canada and Australia. These Growing Up Digital (GUD) studies are the initial sites of Global GUD, research which be conducted in collaboration with Sesame Workshop following early childhood and adolescent participants in all 6 populated continents for 10 years+.

As an educator, I have translated research on media and child health for key audiences: clinicians, through DWL Clinician Toolkits ([digitalwellnesslab.org/cimaid/clinician-toolkit/](http://digitalwellnesslab.org/cimaid/clinician-toolkit/)), a standard of care pediatric medical history and anticipatory guidance framework that integrates awareness of the media environment in which children are developing; researchers, through methodology development, peer-reviewed papers and textbook chapters; media and technology producers, through service on advisory boards; policymakers, through testimony to US Congress, state legislatures, and local governments; and parents and teachers, through the DWL website, my online advice column and podcast *Ask the Mediatricianä*, and numerous presentations around the world (China, India, Brazil, Sudi Arabia, Cuba, UK, Denmark, Switzerland, Australia, etc). As a Scholar of the Academy at HMS, I have taught Patient-Doctor and outpatient management skills. I served as Course Director of the Adolescent Health course at HSPH from 2003 to 2016. I have written chapters for psychology, communication, and medical texts, senior authored comprehensive media effects research reviews, and co-edited Adolescent Medicine State of the Art Reviews.

As an expert in media effects and patient-centered research, I have been held Visiting Professorships, including the Morris Blum Professorship (University of Minnesota), Rutherford B. Polhill Professorship (University of Alabama), AAP CATCH Professorship (Schneider Children's Hospital), AAP Media Visiting Professorship (University of Michigan) and SAHM's Iris F. Litt Visiting Professorship in

Adolescent Health Research to the University of the West Indies. I have sat on study sections and expert panels for the National Institutes of Health and the Centers for Disease Control and Prevention. I have served on Advisory Boards of PBS Kids, Parents magazine, Comcast, Facebook, National Television Oversight Monitoring Board, the Fred M. Rogers Center for Early Learning and Children's Media, and the United Arab Emirates' Early Childhood Authority. I have been honored with the AAP's Holroyd-Sherry Award for "outstanding contributions that have demonstrated that media's influence on child and adolescent health is an important public health issue" and the Adele Dellenbaugh Hofmann Award for excellence in adolescent health.

In summary, I am internationally recognized for creating a new field of media health, having led in clinical care, innovative research and parent and patient education related to the influence of the digital environment on physical, mental and social health. Applying clinical expertise developed over 30 years as a pediatrician, researcher, educator, media producer and innovator, I have: founded and directed an interdisciplinary academic research center dedicated to investigating and responding to the effects of media use on child health and development; created novel research methods to study the health effects of the evolving digital environment in which children are developing; founded a dedicated clinic where we devise clinical responses to media-related health risks and outcomes; implemented educational initiatives for clinicians and parents around the world, and collaborated with professional organizations and policymakers to promote and protect child health in an increasingly media-saturated environment.