



Want to make an impact on the tech you and your friends use every day?

Digital Wellness Lab

STUDENT ADVISORY COUNCIL

When you join our 2026-27 Student Advisory Council, you'll work directly with researchers, industry leaders, and policy influencers to make the digital ecosystem safer and healthier for young people.

Today's digital landscape requires two different approaches: learning how to thoughtfully live alongside the technology that already surrounds us, and actively building the unknown tech of tomorrow.

TRACK A

Changemakers

Put research into action.



Apply to become a **Changemaker** if you want to take action on digital wellness challenges you see right now in your school or community.

Ages 14-18

US high school students

3-4 hours/month (virtual)

TRACK B

Architects

Shape the future of tech.



Apply to become an **Architect** if you want to share your ideas about how to safely build the AI tools and digital environments of tomorrow.

Ages 16-20

US high school or college students

8-10 hours/month (virtual)

APPLY BY

September 7, 2026

Fill out a single application and rank which track you'd prefer.

Learn more at digitalwellnesslab.org/student-advisory-council



Boston Children's
Digital Wellness Lab



HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL



Boston Children's Hospital