

# Jill R. Kavanaugh, MLIS, AHIP

Boston, MA

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CV Prepared June 6, 2021

## Education

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### **MLIS: Master of Library and Information Science, 2013**

Western University, London, ON, Canada

### **Diploma: Library and Information Technician, 2011**

Mohawk College, Hamilton, ON, Canada

### **Bachelor of Arts: Media, Information, and Technoculture, 2004**

#### **Certificate: Writing, 2004**

Western University, London, ON, Canada

## Professional Positions

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### **Knowledge Program Librarian and Subject Specialist, 2013 – Present**

Digital Wellness Lab at Boston Children's Hospital (FKA the Center on Media and Child Health)  
Boston, MA

### **Interim LEAH Coordinator, 2019**

Division of Adolescent and Young Adult Medicine at Boston Children's Hospital  
Boston, MA

### **Clinic Coordinator, 2017 – Present**

Clinic for Interactive Media and Internet Disorders (CIMAID) at Boston Children's Hospital  
Boston, MA

### **Research Assistant, 2012 – 2013**

Western University  
London, ON, Canada

### **Medical Library Technician, 2010 – 2012**

Windsor Regional Hospital Ouellette Campus (formerly Hotel-Dieu Grace Healthcare)  
Windsor, ON, Canada

## Consulting Positions

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### **Chief Knowledge Officer, Consultant, 2018 – Present**

Mediatrics, Inc.  
Brookline, MA

**Media Consultant, 2016 – Present**

Center for Young Women's Health at Boston Children's Hospital  
Boston, MA

**Formal Teaching Experience**

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**Guest Lecturer, Children and Media, University of Pennsylvania, 2019**

Discussed aspects of the Center on Media and Child Health's work, especially as it relates to health communication, to approximately 20 undergraduate students.

**National and International Presentations**

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***Invited Presentations*****Invited Panelist, EuroDIG (European Dialogue on Internet Governance)**

Panel: Governing Digital Interdependence – The Role of Europe

Panel title: Doing Everything Online: Mental Wellbeing vs. Digital Addiction Effects on Human Interaction

Virtual presentation, June 29, 2021

**Guest Speaker, Pediatrics Caucus: Experience MLA (Sponsored by the Medical Library Association)**

(co-presented with Willis C, Brennan E)

Presentation title: Kids aren't little adults: How the Pediatrics Caucus can help you help your clinicians

Virtual presentation, February 11, 2021

**Guest Speaker, BCH Teen Advisory Council Meeting**

Presentation title: Screens and Sleep

Boston Children's Hospital, Boston, MA May 12, 2016

**Guest Speaker, Simmons University Student Chapter of the International Relations Round Table**

Presentation title: Librarianship in Canada and the United States

Simmons University, Boston, MA, March 28, 2016

**Guest Speaker, City of Cambridge, MA Council Meeting**

Testimony title: Support of Policy Order Resolution 0-1: Screen-Free Week

Cambridge City Hall, Cambridge, MA, April 7, 2014

***Conference Presentations***

Lavallee K, Rich M, **Kavanaugh JR**, Bickham DS. Clinician Toolkit: Assessing and addressing the interaction between media use and children's health and development. Oral presentation at: *American Psychological Association's Technology, Mind, and Society Conference*; April 7, 2018; Washington, DC.

Lavallee K, **Kavanaugh JR**, Bickham DS, Rich M. The CMCH Clinician Toolkit for health in the digital age. Poster presented at: *Boston Children's Hospital's Office of Graduate Medical Education Research Project Presentations*; April 2017; Boston, MA.

Bickham, DS, **Kavanaugh, JR**, Rich, MO. Privacy is as privacy does: Bringing evidence-based behavior change strategy to digital safety. Oral presentation at: *Marketing EDGE Research Summit-Promoting Online Privacy Safety and Security, Digital Trust Foundation Panel*; October 2015; Boston, MA.

Bickham DS, Rubenzahl LL, Lavallee KM, **Kavanaugh JR**, Rich MO. Translating research knowledge to empower science-based parenting in the digital age: The experience of the Center on Media and Child Health. Oral presentation at: *International Communication Association Annual Conference, Preconference Panel*; May, 2014; Seattle, WA.

Xiao L, **Kavanaugh JR**. Towards understanding of human rights researchers' data analysis practices-An interview study. Paper presented at: *The Annual Conference of CAIS/Actes du congrès annuel de l'ACSI*; May, 2014; St. Catharines, ON, Canada.

## Professional Training

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### **Health Literacy: Measuring Accessibility of Health Information, 2016**

Harvard T. H. Chan School of Public Health, Boston, MA

### **Measures of the Health Literacy Environment, 2016**

Harvard T. H. Chan School of Public Health, Boston, MA

### **Systematic Review Workshop: The Nuts and Bolts for Librarians, 2014**

Medical Library Association and the University of Pittsburgh

## Publications

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### *Journal Articles*

**Kavanaugh JR**, Lavallee K. Educating patients through clinicians: The CMCH Clinician Toolkit. *Journal of Consumer Health on the Internet*. 2020;24(2):165-174.

Pluhar EP, **Kavanaugh JR**, Levinson JA, Rich M. Problematic interactive media use in teens: Comorbidities, assessment, and treatment. *Psychology Research and Behavior Management*. 2019;12:447-455.

**Kavanaugh JR**, Lavallee K, Miller A. The role of embedded librarians in educational health resources: Two case studies. *Journal of Consumer Health on the Internet*. 2018;22(1):72-79.

Miller AS, Thomas P, **Kavanaugh JR**. Assessing standards used to review online health information. *American Journal of Obstetrics & Gynecology*. 2017;217(6):710-711.

**Kavanaugh JR**, Lavalley K, Rudd, R. A librarian's role in media effects health literacy. *Reference Services Review*, 2016;44(2):132-143

Bickham DS, **Kavanaugh JR**, Rich M. Media effects as health research: How pediatricians have changed the study of media and child development. *Journal of Children and Media*. 2016;10(2):191-199

### **Book Chapters and Encyclopedia Entries**

**Kavanaugh JR**, Pluhar E, Rich M. Managing electronic media use in the lives of adolescents. In: Ginsburg KR, McClain ZB, eds. *Reaching Teens: Strength-based Communication Strategies to Build Resilience and Support Healthy Adolescent Development*. Elk Grove Village, Ill: American Academy of Pediatrics; 2020:517-519.

Tsappis M, Rich M, **Kavanaugh JR**. ADHD, gaming disorder, and beyond. In: Schonwald A, ed. *ADHD in Adolescents: A Comprehensive Guide*. New York, NY: Springer Nature; 2020:205-216.

**Kavanaugh JR**, Lavalley K. Research that reaches: Community education of media health effects. In: Bryant T, Cain, JO, eds. *Libraries and Nonprofits: Collaboration for the Public Good*. Sacramento, CA: Litwin Books; 2020:11-23.

Rich M, Lavalley K, **Kavanaugh JR**. Center on Media and Child Health. In: Merskin DL, ed. *The SAGE International Encyclopedia of Mass Media and Society*. Thousand Oaks, CA: Sage Publications, Inc.; 2019:287-289.

Rich M, Lavalley K, **Kavanaugh JR**. Problematic Interactive Media Use. In: Merskin DL, ed. *The SAGE International Encyclopedia of Mass Media and Society*. Thousand Oaks, CA: Sage Publications, Inc.; 2019:1404-1405.

Rich M, Lavalley K, **Kavanaugh JR**. Pediatric Perspectives on Media Literacy. In: Hobbs R, Mihailidis P, eds. *The International Encyclopedia of Media Literacy*. Hoboken, NJ: Wiley-Blackwell ICA; 2019.

Rich M, Tsappis M, **Kavanaugh JR**. Problematic Interactive Media Use among children and adolescents: Addiction, compulsion, or syndrome? In: Young KS, de Abreu CN, eds. *Internet Addiction in Children and Adolescents: Risk Factors, Assessment, and Treatment*. New York, NY: Springer Publishing Company; 2017:3-28.

**Kavanaugh JR**, Lenart BA. No shortcuts to credibility evaluation: The importance of expertise and information literacy. In: Folk M, Apostel S eds. *Establishing and Evaluating Digital Ethos and Online Credibility*. Hershey, PA: IGI Global; 2017:22-45.

### **Reports, White Papers, and Health Guides**

**Kavanaugh JR**. Problematic Interactive Media Use (PIMU). Center for Young Women's Health. Updated April 16, 2021. <https://youngwomenshealth.org/2017/04/14/problematic-interactive-media-use-pimu/>

Rich M, Lavallee K, **Kavanaugh JR**. Family Digital Wellness Guide: 2021 Version. Digital Wellness Lab. March 17, 2021. <https://digitalwellnesslab.org/parents/family-digital-wellness-guide/>

Rich M, Lavallee K, **Kavanaugh JR**. Family Digital Wellness and Return to School 2020. Digital Wellness Lab. August 7, 2020. <https://digitalwellnesslab.org/parents/summer-guide-2021/>

**Kavanaugh JR**. Evaluating Health Information. Center for Young Women’s Health. Updated June 11, 2020. <https://youngwomenshealth.org/2013/06/27/evaluating-health-information/>

Rich M, Lavallee K, **Kavanaugh JR**. Family Digital Wellness Guide: 2020 Version. Digital Wellness Lab. May 13, 2020. <https://digitalwellnesslab.org/wp-content/uploads/Family-Digital-Wellness-Guide.pdf>

**Kavanaugh JR**. Cyberbullying and Bullying. Center for Young Women’s Health. Updated June 18, 2019. <https://youngwomenshealth.org/2015/01/07/cyberbullying-and-bullying>

Bickham DS, **Kavanaugh JR**, Alden S, Rich M. The State of Play: How Play Affects Developmental Outcomes. Center on Media and Child Health. March 16, 2015. <https://digitalwellnesslab.org/wp-content/uploads/State-of-Play.pdf>

## Honors and Awards

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### **On-the-Spot Award, October 2016**

Boston Children’s Hospital, Boston, MA

Awarded for exemplifying the pillars of Boston Children’s Hospital’s values.

## Professional Accreditation

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Accredited with The Academy of Health Information Professionals (AHIP), a peer-reviewed, accomplishment/portfolio-based certification and career development program for health information professionals.

## Professional Service

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### **MLA Awards Committee Member, 2021 – Present**

Medical Library Association

### **Pediatric Caucus Member, 2020 – Present**

Medical Library Association

### **Editorial Board Member, 2016 – 2019**

Journal of the Medical Library Association

**Ad Hoc Reviewer, 2015 – Present**

Journal of the Medical Library Association

Journal of the Canadian Health Libraries Association

**Acknowledgements for Research and Editing Assistance**

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*All articles and chapters below formerly acknowledge my assistance in the Acknowledgements section.*

Bickham DS. Current research and viewpoints on Internet Addiction in adolescents. *Current Pediatrics Reports*. 2021;9:1–10.

Hurwitz LB, Bickham DS, Moukalled SH, Rich M. Only so many hours in a day: Early childhood screen time in Boston and Mexico City. *International Journal of Communication*. 2020;14:4014-4034.

Pluhar E, Jhe G, Tsappis M, Bickham D, Rich M. Adapting Dialectical Behavior Therapy for treating Problematic Interactive Media Use. *Journal of Psychiatric Practice*. 2020;26(1):63-70.

Nereim C, Bickham D, Rich M. A primary care pediatrician's guide to assessing problematic interactive media use. *Current Opinion in Pediatrics*. 2019;31(4):435-441.

Pluhar E, Lois RH, Burton ET. Nonsuicidal self-injury in adolescents: current developments to help inform assessment and treatment. *Current Opinion in Pediatrics*. 2018;30(4):483-489.

Rich M, Lavallee K. The Mediatrix's advice for today's media mentors. In: Donohue C, ed. *Family Engagement in the Digital Age: Early Childhood Educators as Media Mentors*. New York, NY: Routledge; 2017:147-160.

Rubenzahl R, Lavallee K, Rich M. Using technology and media in early childhood settings. In: Lesaux N, Jones S. eds. *The Leading Edge of Early Childhood Education: Linking Science to Policy for a New Generation*. Cambridge, MA: Harvard Education Press; 2016: 91-116.

Bickham DS, Hswen Y, Rich M. Media use and depression: exposure, household rules, and symptoms among young adolescents in the USA. *International Journal of Public Health*. 2015;60(2):147-155.

Xiao L, Askin N. What influences online deliberation? A Wikipedia study. *Journal of the Association for Information Science and Technology*. 2014;65(5):898-910.

**Grant Writing and Sponsored Research Experience**

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**Media Health Effects: A Tool for Researchers, 2019 – 2020**

*Funder:* Network of the National Library of Medicine—New England Region

*Role:* Principal Investigator and Grant Writer

*Direct Costs:* \$10,000

To design and develop Media Health Effects, an online resource for researchers that provides scholarly journal citations, topic-specific research guides, and research news.

**Understand and Investigate How Different Types of Play Fit the needs of parents and serve the developmental well-being of children, 2015 – 2020**

*Funder:* Hasbro, Inc.

*Role:* Grant Co-Writer and Project Collaborator

*Direct Costs:* \$510,000

To investigate how play affects cognition, physical health, social health, and emotional health.

**Environmental Health in the Digital Age, 2014 – 2020**

*Funder:* Harvard Pilgrim Health Care

*Role:* Grant Co-Writer and Project Collaborator

*Direct Costs:* \$350,000 (\$50,000/year)

To design and develop the Clinician Toolkit, a resource for clinicians dealing with youth who struggle from problematic interactive media use.